



2025 US Junior Women's Doublehanded Championships for the Ida Lewis Trophy

June 29 - July 2, 2026
Redwood City, CA



SAILING INSTRUCTIONS (SIs)

Organizing Authority: US Sailing
Host Club: Peninsula Youth Sailing Foundation

Event Website: <https://www.ussailing.org/competition/championships/2026-u-s-junior-womens-doublehanded-championship/>

The notation '[DP]' in a rule in the sailing instructions means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. The notation '[NP]' in a rule of the sailing instructions means that a boat may not protest another boat for breaking that rule nor request redress based on that rule. This changes RRS 60.1 and 61.1.

1 RULES

- 1.1 The event is governed by the *rules* as defined in *The Racing Rules of Sailing* (RRS) as detailed in the published Notice of Race on the event [website](#).
- 1.2 RRS Appendix V1 shall be in effect for the c420 class.
- 1.3 RRS Appendix P as changed by SI 15 will be in effect.

2 SAFETY

- 2.1 [DP] A boat that retires from a race shall notify the Race Committee (RC) at the first reasonable opportunity. If unable to do so on the water, she shall, after returning to shore, promptly notify someone ashore.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the SI will be posted no later than 0930 before the first scheduled warning signal on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3.2 Changes to the SIs may be announced by the RC on the water. In accordance with RRS 90.2 (c), the RC signal vessel will display code flag "L," competitors shall approach the signal vessel and receive the oral change while code flag "L" is displayed. These changes will be written down and posted to the notice board after racing that day.

4 COMMUNICATION

- 4.1 The official notice board is online and located at the [event website](#). Courtesy postings will be located at the PYSF Container office on a whiteboard.
- 4.2 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the flagpole at the Sailing Center.
- 5.2 When code flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.

6 SCHEDULE OF RACES

- 6.1 All times are US Pacific Time:

Date	Time	Item
Sun, June 28	1300-1700	Early boat drop-off

Mon, June 29	0900-1000 1000-1800	On-site registration Clinic with US Sailing Coaches
Tue, June 30	0800 1000 1300-1800 1830	Bus to Bay Model Bay Model Tour and Tide Simulation Clinic with US Sailing Coaches Food Truck Dinner Debrief
Wed, July 1	0900 1000 1230	Coaches Briefing Competitors' Meeting Racing Day - warning for first race of the day
Thur, July 2	0900 1000 1230 1600 1800-2000	Coaches Briefing Competitors' Meeting Racing Day - warning for first race of the day No warning after this time Awards Ceremony and Regatta Dinner

6.2 Seven (7) races are scheduled. No more than four (4) races may be sailed in one day.

7 CLASS FLAGS

7.1 The class flags are as follows:

Class	Flag
Club 420	420 Class Flag

8 RACING AREA

8.1 SI Addendum A shows the location of the racing areas.

9 COURSES

- 9.1 SI Addendum B describes the courses, including the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2 No later than the warning signal, the RC signal vessel will display the course to be sailed and the approximate compass bearing of the first leg.
- 9.3 If at a gate mark is missing, the mark that is in place shall be left to port.

10 MARKS

- 10.1 Marks of the course are Orange Marks or Robo Marks.
- 10.2 New marks, as provided in SI 13, are yellow Marks or Yellow Robo Marks.
- 10.3 If robotic marks are used, routine movement of these marks on the course will not be grounds for redress. This includes marks returning to station after having been pushed away by a competitor, and collisions with marks that do not cause damage. This changes RRS 61.1(a) and 61.4(b). RRS 31 still applies.

11 OBSTRUCTIONS

- 11.1 [DP] There are no official obstructions

12 THE START

- 12.1 The starting line will be between a staff displaying an orange flag on the RC signal vessel at the starboard end and either a staff displaying an orange flag on the RC pin vessel at the port end or the course side of the port-end starting mark.
- 12.2 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 Marks may be moved up to 10 degrees in bearing without a signal, provided the change is made prior to the lead boat beginning that leg of the course. This changes RRS 33.
- 13.2 To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14 THE FINISH

- 14.1 The finishing line is between a staff displaying a blue flag on the finishing boat and the course side of the finishing pin boat or mark as pictured in Addendum C.

15 PENALTY SYSTEM -

- 15.1 RRS/US Appendix P Alternative Penalties will apply, as changed below:

15.1.1 For the 420 Class: Rule Appendix P2.2 is changed to: "When a boat is penalized a second or subsequent time during the event, she shall promptly do **two**-turns. If she fails to do so she shall be disqualified without a hearing and her score shall not be excluded."

- 15.1.2 Rule Appendix P2.3 is deleted.

16 TIME LIMITS

- 16.1 [NP] The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
20 minutes	75 minutes	15 minutes

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.

16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10.

17 HEARING REQUESTS

- 17.1 For each class, the protest time limit will be 45 minutes after the last boat in that class finishes the last race of the day or the RC signals no more racing today, whichever is later. The time will be posted on the official notice board.

- 17.2 If a competitor intends to file a protest, she shall inform the Race Committee prior to the next start of her fleet.

- 17.3 Hearing request forms will be available from the race office at the Sailing Center.

- 17.4 A request for redress based on an incident identified in a scoring inquiry will meet the time limit if:

(a) the scoring inquiry was submitted within the time limit specified in RRS 61.2.b.

(b) the request for redress was delivered as soon as reasonably possible after being notified of the RC's response to the scoring inquiry. The response by the RC may be notified in writing or by email. This changes RRS 61.2.a.

- 17.5 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located at the Sailing Center beginning at the time posted.

- 17.6 RRS 60.4(a)(2) is replaced with "if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or"

18 SCORING

- 18.1 Three (3) races are required to be completed to constitute a championship.

- 18.2 When five (5) races have been completed, a boat's series score is the total of her race scores, excluding her worst score.

19 REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 [DP] Substitution of competitors is only permitted in accordance with the [Championship Conditions](#).

- 19.2 [DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the Principle Race Officer. Requests for equipment substitution shall be made at the first reasonable opportunity, which may be after the race.

20 EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 A boat or equipment may be inspected at any time for compliance with the Championship Conditions, Class Rules or Notice of Race.

21 OFFICIAL VESSELS

- 21.1 Official vessels will be identified as follows: race committee flag.

22 TRASH DISPOSAL

- 22.1 Trash may be placed aboard any race official or coach boats.

23 PRIZES

- 23.1 Prizes will be awarded in accordance with the Notice of Race and Championship Conditions.
- 23.2 Additional awards may be given at the discretion of the Organizing Authority and host club.

SI Addendum A -Racing Area



SI Addendum B - Courses

2026 Ida Lewis Courses

Course O - Start- Mark 1- Mark 2- Mark 3a or 3b- Mark 2- Mark 3a- Mark 4- Finish Upwind)

Course I - Start - Mark 1 - Mark 4 (will be a gate) - Mark 1 - Finish (Downwind)

Courses are not to scale
Marks will be Robo Marks or Orange Marks.



Mark 2



Mark 1



Mark 3b



Mark 3a



Start/Finish Line



Mark 4

