



# 2025 US Junior Women's Doublehanded Championships for the Ida Lewis Trophy

June 18-22, 2025

Norfolk, VA



## NOTICE OF RACE (NoR)

Organizing Authority: US Sailing

Host Club: Big Blue Sailing Academy/ Old Dominion University

All times are US Eastern Time

Event Website:

<https://www.ussailing.org/competition/championships/2025-u-s-junior-womens-doublehanded-championship/>

*The notation '[DP]' in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. The notation '[NP]' in a rule of the NoR means that a boat may not protest another boat for breaking that rule nor request redress based on that rule. This changes RRS 60.1 and 61.1.*

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Initial Publication: <month> <day>, 2025

Amendments: [color coded unique to each amendment] <month day>: Changes <clauses changed>

## 1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 Other documents that govern the event are:
  - (a) US Sailing Championship Conditions, available at <https://www.ussailing.org/competition/resources/championship-conditions/>
  - (b) Conditions for the US Junior Women's Singlehanded and Doublehanded Championships (USJWC Conditions), available on the [event website](#).
  - (c) [NP] US Sailing Championship Code of Conduct, available at <https://www.ussailing.org/competition/resources/championship-conditions/>
  - (d) [DP] US Sailing Coaching and Support Boat Policy, available at: <https://www.ussailing.org/competition/resources/coaching-and-support-boat-policy/>. This is a Grade 2 (US Sailing coaches provided) event.
- 1.3 RRS 60.1 is changed to add: 'However, a boat shall not protest another boat for an alleged breach of a class rule other than class equipment measurement rules.'
- 1.4 RRS 77 is changed so that a boat is not required to display national letters.

## 2 SAFETY

- 2.1 [DP] Each competitor shall wear a USCG-approved life jacket, in good condition, that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water except briefly while changing or adjusting clothing or personal equipment.
- 2.2 The PFD must be worn outside of all clothing except that a thin shirt or bib may be worn over the PFD to prevent snagging.

## 3 COMMUNICATION

- 3.1 The official notice board is online and located at the [event website](#). Courtesy postings will be located at the ODU Sailing Center building.
- 3.2 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

## 4 SAILING INSTRUCTIONS

- 4.1 The sailing instructions will be posted on the notice board approximately one month before the event.

## 5 ELIGIBILITY

- 5.1 The event is open to all boats of the 29er and Club 420 classes that meet the following requirements. All competitors shall:
  - (a) provide their own boats.
  - (b) be female and have reached their 13th birthday but not their 19th birthday during the calendar year in which the event is held.
  - (c) be US Competitors (see US Championship Conditions B7.3(a)).
  - (d) be individual or family members, all in good standing, of US Sailing at the time of application, registration, and of the event and not otherwise ineligible to compete under the laws, regulations, policies and rules of the USOPC or its affiliated organizations.
  - (e) meet the eligibility requirements of World Sailing Eligibility Code 2, (which can be found at: <http://rulesdocs.ussailing.org>, under "Additional Resources")

## 6 ENTRY

- 6.1 Eligible boats may enter no later than June 8, 2025 by registering online in at [event website](#) and paying all required fees. To be considered an entry in the event, a boat shall complete all advance and on-site registration requirements and pay all fees.
- 6.2 This championship is capped at 40 boats: thirty (30) in the Club 420 fleet and ten (10) in the 29er fleet. Entries over that number will be placed on a waiting list. If there is a waitlist for one fleet, any unused spots at the end of the registration period (May 18) will be reallocated to the other fleet. Registration will open for those on the waiting list in the order received.

- 6.3 A fleet shall have a minimum of five (5) boats registered as of end of day June 8, or that fleet will be dropped from the championship. Competitors will be notified and offered the opportunity to sail in the other fleet. If they choose not to race in the other fleet, they will be refunded their entry fee.

## 7 FEES

- 7.1 Entry fees are as follows:

If paid by midnight on:	Entry Fee (US\$)
May 18, 2025	\$500
June 8, 2025	\$550

- 7.2 The entry fee includes pre-regatta clinic, racing, boat storage and launching during the event, post-race socials, and the awards dinner.

## 8 CREW SUBSTITUTIONS

- 8.1 Crew substitutions shall be in accordance with the US Championship Conditions.

## 9 ADVERTISING

- 9.1 Boats may be required to display advertising chosen and supplied by the organizing authority.
- 9.2 The organizing authority may provide bibs that competitors are required to wear as permitted by the World Sailing Advertising Code.

## 10 SCHEDULE

- 10.1 [DP] Competitors shall not arrive at the venue before Tuesday, June 17 unless they have been given prior written permission from the US Sailing Junior Women's Championship Committee Chair. Requests for early and late arrivals and departures shall be made in writing via e-mail to US Sailing, [youthchampionships@ussailing.org](mailto:youthchampionships@ussailing.org) and sent no later than June 11.

- 10.2 The schedule is as follows (all times are US Eastern):

Date	Time	Item
Tue, June 17	1500-1700	Early on-site registration
Wed, June 18	0900-1000	On-site registration
	1000-1800	Clinic with US Sailing Coaches
Thu, June 19	1000-1800	Clinic with US Sailing Coaches
Fri, June 20	1000-1800	Clinic with US Sailing Coaches
Sat, June 21	0900	Competitors' Meeting
	1030	Racing Day - warning for first race of the day
Sun, June 22	0900	Competitors' Meeting
	1030	Racing Day - warning for first race of the day
	1500	No warning after this time
	1730-1830	Awards Ceremony

- 10.3 [NP] Awards presentation will be made as soon as practicable following the conclusion of racing and pack-up. Attendance at the Awards Ceremony is mandatory for all competitors.

## 11 [DP] REGISTRATION AND EQUIPMENT INSPECTION

- 11.1 By the end of onsite registration and equipment inspection (see hours shown in the schedule above):
- (a) All competitors shall, in writing, agree to abide by the US Sailing Championship Code of Conduct.
  - (b) All competitors shall, in writing, agree to US Sailing Waiver of Liability.
  - (c) All boats shall provide proof of liability insurance coverage.
  - (d) [DP] Boats shall be available for equipment inspection.
- 11.2 Boats, sails, and equipment may be inspected at any time.

## 12 VENUE

- 12.1 The venue will be Old Dominion University Sailing Center, 4551 Powhatan Ave, Norfolk, VA 23529.
- 12.2 The racing area will be West of the ODU Sailing Center in the Lafayette River.

### **13 COURSES**

13.1 Courses will be drop-marks courses as described in the sailing instructions.

### **14 PENALTY SYSTEM**

14.1 RRS/US Appendix V, Alternative Penalties will apply.

### **15 SCORING**

15.1 Three races are required to be completed to constitute a championship.

15.2 Additional scoring details will be provided in the sailing instructions.

### **16 CHARTERED OR LOANED BOATS**

16.1 A chartered or loaned boat may carry national letters or a sail number in contravention of her class rules, provided that the race committee has approved her sail identification before the first race.

### **17 RISK, DISCLAIMER OF LIABILITY**

17.1 Competitors participate in the regatta at their own risk. See Racing Rules of Sailing rule 3 (Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

17.2 Competitors shall accept full responsibility for their actions during any activity related to the event. This includes activities before, during, and after the regatta from the time they arrive at the venue until they leave the venue at the conclusion of the event.

### **18 PRIZES**

18.1 US Sailing medals will be awarded to the top three finishers.

18.2 The winning competitor will have their name placed on the Ida Lewis Trophy.

18.3 Additional awards may be given at the discretion of the organizing authority and host club.

### **19 FURTHER INFORMATION**

19.1 For further information please contact

Event Chair:	Morgan Collins	mlcollin@odu.edu	(410) 980-2703
Principal Race Officer:	Shannon Bush		
Chief Judge:	Jerry Thompson		
On the Water Director:			
Regatta Manager:			
US Sailing Representative:	John Pearce	johnpearce@ussailing.org	
Championship Chair:	Alana Marks		

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- Notice of race ends here -

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## **ADDITIONAL INFORMATION**