



**UNITED STATES ADULT SAILING CHAMPIONSHIP EVENT
Clifford D. Mallory Trophy**

**Organizing Authority (OA): US Sailing
Host Club: Bay-Waveland Yacht Club (BWYC)
October 26-30, 2022**

**SAILING INSTRUCTIONS (SIs) POSTED October 24, 2022
AMENDED October 26, 2022 Time: 1700 Amendment 2
Amendment 3 October 27, 2022 1000**

The notation [DP] in a rule in the Notice of Race (NOR) or SIs means that the penalty for a breach of that rule may, at the discretion of the Protest Committee (PC), be less than disqualification. The notation [NP] in a rule in the NOR or SIs means that a boat may not protest another boat for breaking this rule. This changes RRS 60.1(a).

<https://www.ussailing.org/competition/championships/2022-u-s-adult-sailing-championship/>

1. RULES

- 1.1. The Event will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS). The following additional documents will also apply:
- 1.2. [2021-2024 US Sailing Prescriptions \(Including prescriptions to RRS 63.2\)](#)
- 1.3. [US Sailing Conditions of the US Adult Sailing Championship](#)
- 1.4. [US Sailing Championship Conditions](#)
- 1.5. [US Sailing Safe Sport Handbook](#)
- 1.6. [US Sailing Championships Code of Conduct](#)
- 1.7. [US Sailing Coaching and Support Boat Policy](#)
- 1.8. SI Addendum A, B, C, D, E, F
- 1.9. [DP] Per US Sailing Regulation 10, all competitors must wear US Coast Guard-approved personal flotation devices (PFD) at all times while on-the-water, except for brief periods while adding, adjusting, changing or removing clothing. Competitors from outside the United States may wear a PFD approved by their nations' certification authority to the extent permitted by international treaty. This changes RRS 40 and the preamble to RRS Part 4.
- 1.10. If there is a conflict between the NOR and the SIs, the SIs shall govern. This changes RRS 63.7.
- 1.11. [DP] Substitution of competitors will not be allowed without prior written approval of the OA.
- 1.12. RRS 41 is changed by adding:
- 1.13. "(e) help to return a crewmember who was overboard to her boat. The boat shall then return to the location where the crewmember originally went overboard to resume racing."

2. NOTICE TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located upstairs in the BWYC lounge. As a courtesy, notices may also be posted on the regatta website.
- 2.2. Questions regarding the NOR or SIs shall be submitted in writing to the RC. Written responses will be posted on the official notice board.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the SI will be posted within 30 minutes after each day's competitors meeting on the day it will take effect.
- 3.2. Any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 3.3. In compliance with RRS 90.2(c), changes to the SIs may be made on-the-water by displaying flag "L" from the RC signal boat with one sound. The RC will announce the change on VHF channel 72. The judges may assist with notifying the boats.
- 3.4. If changes to the SIs are made on-the-water, they will be written down and posted ashore as soon as possible on the day they were made.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the flagpole of BWYC.
- 4.2. When flag 'AP' is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes' in Race Signal AP.

5. SCHEDULE

- 5.1. Schedule is as follows:

Date	Time	Event
Wednesday, October 26	1000 – 1700	Registration, Check-In & Weigh-In
	1200 – 1700	Boats available for practice
Thursday, October 27	0800 – 0900	Late Check-In
	0900	Competitor's meeting – lounge
	1100	First warning
	After racing	Social at BWYC
Friday, October 22	0900	Competitor's meeting – lounge
	1100	First warning
	After racing	<i>on own, but discount dinner included</i>
Saturday, October 23	0900	Competitor's meeting – lounge
	1100	First warning
	After racing	Social BWYC-offsite (walking distance)
Sunday, October 24	0900	Competitor's meeting – lounge
	1100	First warning
	1430	<i>No initial warning signal after 1430.</i>
	After Racing	<i>Awards and social</i>

- 5.2. [DP] Skippers shall attend the daily morning briefing held in the BWYC lounge.

6. RACING AREA

Racing area is approximately east of BWYC, on the waters of St Louis Bay.

7. FORMAT AND BOAT ASSIGNMENTS

- 7.1. SI Addendum E describes the format for racing.
- 7.2. SI Addendum G shows the assignments of teams to boats and will be distributed to teams at registration/check-in.

8. BORROWED BOATS AND EQUIPMENT

- 8.1. [DP][NP] BWYC will provide club/member-owned, race-ready Viper 640 boats and sails for all teams. Teams must use the boats as provided by BWYC and comply with the NOR and SI Addendum A, Boat Handling and Equipment Rules, at all times while competitors are aboard

the boats, including practice sessions.

- 8.2. Each team will be provided with a red protest flag, that will stay with the team during the rotations.
- 8.3. Each team will be provided with a yellow breakdown flag, that will stay with the team during the rotations.

9. THE COURSE

- 9.1. The diagram in Addendum B shows the course to be sailed, including the order that marks are to be passed.
- 9.2. All marks must be rounded to port except all boats must sail between the gate marks (i.e., marks 2s/p) from the direction of the previous mark and round either gate mark. If a gate mark is missing or not in place, the remaining leeward mark shall be rounded to port.
- 9.3. Courses will not be shortened. This changes RRS 32.
- 9.4. [DP] When a solid green flag is displayed at or before the warning signal from the RC signal boat, spinnakers shall not be used. This changes Race Signals.

10. MARKS

- 10.1. The start mark will be a green tetrahedron.
- 10.2. Mark 1 will be an orange tetrahedron.
- 10.3. Mark 1a, the offset, will be a small red/orange ball.
- 10.4. Marks 2s/p will be yellow tetrahedrons.
- 10.5. The finish mark will be a green tetrahedron.

11. THE START

- 11.1. Races will start in accordance with RRS Appendix U, Audible-Signal Racing System. This replaces RRS 26. See Addendum C.
- 11.2. Starting line will be between a staff displaying an orange flag on RC signal boat and the course side of the starting mark.
- 11.3. The RC will attempt to hail OCS boats after the start, on VHF channel 72. Failure or delay to receive or hear hails or radio transmission will not be grounds for redress under RRS 62.1(a).
- 11.4. A boat failing to start within three (3) minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.

12. CHANGE OF THE NEXT LEG

- 12.1. The RC may make minor adjustments to the racecourse during a race. A course change of less than 10 degrees or .1nm will not be signaled. This changes RRS 33.
- 12.2. If the RC decides to make a change of the course, original marks will be moved to the new location.

13. THE FINISH

- 13.1. The finish line will be between a staff displaying a blue flag on the RC signal boat and the course side of the finish mark.

14. TIME LIMIT

- 14.1. The time limit to Mark 1 is 20 minutes.
- 14.2. The time limit for each race will be 60 minutes for the first boat to sail the course and finish.
- 14.3. Boats not finishing within 10 minutes after the first boat sails the course and finishes will be scored DNF (Did Not Finish) without a hearing. This changes RRS 35, A4 and A5.

15. BREAKDOWNS AND TIME FOR REPAIRS

- 15.1. Before the warning signal of a race or within two (2) minutes of finishing or within five
- 15.2. (5) minutes of changing into a new boat, whichever is later, a boat shall display the breakdown flag to signal a breakdown or damage to the boat, her sails or injury to her crew, and request a delay to the next start.
- 15.3. The time limit allowed for repairs will be at the discretion of the RC.
- 15.4. After the warning signal of a race, a start will not be postponed or abandoned due to breakdown unless the breakdown flag was displayed as required by SI 15.1.
- 15.5. Failure to effect repairs in the time allowed, or breakdowns after the warning signal, shall not be grounds for redress. This changes RRS 62.
- 15.6. A boat with an alleged breakdown must make all reasonable attempts to finish its race. The Bosun will be available on the course to inspect any breakdown and will report to RC. See Addendum D for further details.
- 15.7. Refer to Addendum F for information on damages.

16. PROTESTS AND REQUEST FOR REDRESS

- 16.1. Hearing request forms are available at the registration desk. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.2. The protest time limit is 45 minutes after the signal boat docks and sounds one long horn.
- 16.3. Notices will be posted no later than 30 minutes after the protest time limit to inform competitor hearing in which they are parties or named as witnesses and where the hearing will be heard.
- 16.4. Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 61.1(b).

17. SCORING

- 17.1. The regatta will be conducted using a single series format.
- 17.2. Refer to Addendum E, Event Format and Scoring, for additional scoring information.

18. SAFETY

- 18.1. [NP] A boat that withdraws or retires from a race must notify the RC by hail or VHF channel 72.

19. [NP] PROHIBITED SUBSTANCES AND DISCIPLINE

- 19.1. Per US Sailing Regulation 10.03, for the regatta, no competitor will use or possess, either on or off the water, marijuana or any other substance if use or possession is illegal under state or federal law. An alleged breach of these regulations will not be grounds for a protest.
- 19.2. However, when PC believes that a competitor may have breached any regulation or Code of Conduct, it must follow the process described in the Championship Code of Conduct. If a competitor is found to have breached one of the elements within the Code of Conduct, he/ she will be excluded from the remaining races of the series and, where practicable, removed from the event venue and sent home. The competitor's team will be disqualified from all races of the event.

20. RADIO COMMUNICATIONS

- 20.1. [DP][NP] All teams must bring and carry an operating VHF radio while on-the-water.
- 20.2. [DP] Except in an emergency, a boat will neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also

applies to mobile devices.

21. PRIZES

- 21.1. US Sailing medals will be awarded to the top three (3) teams.
- 21.2. The first-place team will be presented the Clifford D. Mallory Trophy.
- 21.3. The Staton J. Peele, Jr. Trophy voted upon by the sailors may be awarded for sportsmanship.
- 21.4. Additional trophies and awards may be awarded at the discretion of the OA.

22. DISCLAIMER, RELEASE AND WAIVER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury, including without limitation bodily injury, permanent disability, and death. Each person participates in the event and each race entirely at his/her own risk. See RRS 3, Decision to Race.

THE ORGANIZING AUTHORITY, US SAILING, BAY-WAVELAND YACHT CLUB, RACE COMMITTEE, PROTEST COMMITTEE, UMPIRES, SPONSORS, HOSTCLUB(S) AND VENUE (AND EACH OF THEIR RESPECTIVE OFFICERS, DIRECTORS, PERSONNEL, EMPLOYEES, SERVANTS, CONTRACTORS, OFFICIALS, MEMBERS, GUESTS, VOLUNTEERS, AGENTS, REPRESENTATIVES AND ALL OTHER PERSONS IN THEIR CAPACITY OF ASSISTING A RACE OR RELATED EVENT OR ACTIVITY) (COLLECTIVELY, "**RACE ORGANIZERS**") WILL NOT BE RESPONSIBLE OR LIABLE FOR ANY ACTION, CLAIM, LIABILITY, LOSS, DAMAGE, ACCIDENT OR INJURY (INCLUDING BODILY INJURY, PERSONAL INJURY, PERMANENT DISABILITY, AND DEATH) (COLLECTIVELY, "**DAMAGES**") TO ANY PERSON, PROPERTY OR BOAT (i) SUSTAINED IN CONJUNCTION WITH OR PRIOR TO, DURING, OR AFTER EACH RACE; OR (ii) ARISING, RELATING OR RESULTING FROM USE OF RACE FACILITIES OR PARTICIPATION IN A RACE OR ASSOCIATED ACTIVITIES, TO THE FULLEST EXTENT PERMITTED BY LAW.

BY PARTICIPATING, EACH PARTICIPANT (AND IN THE CASE OF CHILDREN AND MINORS, EACH PARTICIPANT'S PARENT OR GUARDIAN) FOREVER RELEASES, DISCHARGES AND WAIVES ANY AND ALL ACTIONS, SUITS AND CLAIMS WHATSOEVER AGAINST **RACE ORGANIZERS** FOR ANY **DAMAGES** TO ANY PERSON, PROPERTY OR BOAT (I) SUSTAINED IN CONJUNCTION WITH OR PRIOR TO, DURING, OR AFTER EACH RACE; OR (II) ARISING, RELATING OR RESULTING FROM USE OF RACE FACILITIES OR PARTICIPATION IN A RACE OR ASSOCIATED ACTIVITIES, TO THE FULLEST EXTENT PERMITTED BY LAW.

PARTICIPANT FURTHER RELEASES ALL **RACE ORGANIZERS** FROM ALL DAMAGES WHATSOEVER ON ACCOUNT OF ANY OF THEM GIVING ASSISTANCE, AID, CARE, ADVICE, RESCUE, FIRST AID, TREATMENT OR SERVICES.

23. PUBLICITY AND PHOTOGRAPHER'S RIGHTS

As a condition of participation, each participant (on behalf of him/herself and their children/minors) grant **RACE ORGANIZERS**, sponsors and their designated photographers the perpetual, irrevocable right, license and permission to use, publish and distribute the participant's name, photos, video, images, finishes, results, and statements of them and their boat and crew in all forms and media worldwide (including without limitation Internet) for any purposes whatsoever (including without limitation advertisements, promotions, public sale of pictures, etc.) without compensation or further permission.

Addendum A

BOAT HANDLING AND EQUIPMENT RULES

A1. General

A1.1 Each skipper is responsible for the damage or loss to their boat unless responsibility is otherwise assigned by the judges

A1.2 The crew sailing the boat shall report any damage or problem with the boat, before turning over a boat to the next crew. This shall be done by notifying verbally the bosun or team transfer crew during the on-the-water boat swaps or ashore after the last race for the boat each day. The reports must include any evidence of matters which could cause damage or disadvantage to the boat in future races.

A1.3 Any request to alter, in any way, the equipment on a boat shall be in writing and worded to permit a yes/no answer.

Permitted Items and Actions.

The following equipment may be brought aboard by competitors:

- a. Taking on board the following equipment:
 1. basic hand tools
 2. rigging tape, but not duct tape
 3. line (elastic or otherwise of 4 mm diameter or less)
 4. marking pencils
 5. tell-tale material (not to be put on sails)
 6. **digital or analog hand-held compass, timers, and watches** (~~Tac-Tie with no extras, no GPS~~)
 7. shackles and clevis pins
 8. Velcro tape
 9. copy of *Racing Rules of Sailing*, paper and pencil
 10. spare protest flag
 11. small personal video devices such as GoPro
 12. VHF radio - Per NOR#1.3, all teams must bring and carry their own VHF radio
 13. mobile phone
- b. Using the items in A1(a) only to:
 1. prevent fouling of lines, sails and sheets
 2. attach tell tales
 3. prevent sails being damaged or falling overboard
 4. mark control settings
 5. make minor repairs and permitted adjustments
 6. use the VHF to contact, or receive instructions from, the RC as permitted herein.
- c. The jib cars may be adjusted as may the halyard tension, outhaul, vang and cunningham

A2. Prohibited Items and Actions.

Except in an emergency, or in order to prevent damage or injury, or when directed by OA, RC or PC, **the following are prohibited**:

- a. Any additions, omissions, or alterations to the hull, rudder, mast, boom or other equipment supplied.
- b. The use of any equipment for a purpose other than that intended or specifically permitted.
- c. The replacement of any equipment without the sanction of OA.
- d. Sailing the boat in a manner that it is reasonable to predict that significant further damage would result.
- e. Moving equipment from its normal stowage position except when being used.

- f. Boarding a boat without prior permission.
- g. Taking a boat from its berth or mooring without having paid the required damage depositor having permission from Regatta Chair or designee, or, on race days, while 'AP' is displayed ashore.
- h. Hauling out a boat (other than the provided BWYC slings)
- i. Cleaning surfaces below the waterline or heeling the boat using the mast or shrouds.
- j. Attaching lines to the fabric of spinnakers.
- k. [DMG] Perforating sails, even to attach tell tales.
- l. **Adjusting or altering the tension of standing rigging.**
- m. Using electronic instruments other than digital or analog **hand-held compass, timers, and watches**. No Tac-Tic or other electronic compasses or GPS enabled watches are allowed.
- n. **[DMG] Marking directly on the boom, mast, hull, or deck.**
- o. Using the shrouds (including any inner shrouds) to facilitate tacking or gybing, or to aid the projection of a crewmember outboard.
- p. Adjusting tension of the battens.
- q. Roll tacking and gybing:
 - Crew shall not use the mast, or shrouds (including any inner shrouds) to facilitate tacking or gybing, or to aid the projection of a crew member outboard.

A3. Provided Equipment

- A3.1 Boats will be provided for all competitors, who shall not modify them or cause them to be modified in any way except as permitted in this addendum.
- A3.2 While all reasonable steps are taken to equalize the boats, variations will not be grounds for redress. This changes RRS 62.1(a).
- A3.3 In attempt to protect provided boats, no race will be started or run when sustained winds exceed an average of 17 knots or gust to 22 knots or more.
- A3.4 The following non-fixed items, provided on the boats, are to be carried on board at all times in their designated place while sailing:

Sails and Sailing Equipment		
Mainsail with battens	Jib with battens	Spinnaker
Provided spinnaker trim	Provided jib sheets	Provided mainsheet

Safety Gear		
Protest Flag	Tow line	Break down flag
Anchor		

- A3.5 Loss or damage to any boat, sails or equipment must be immediately reported to the Bosun or Regatta Chair or his designee.

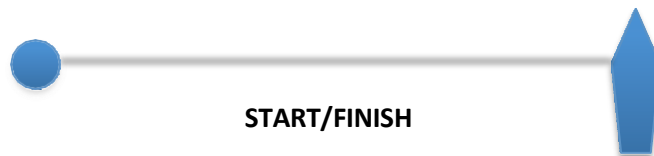
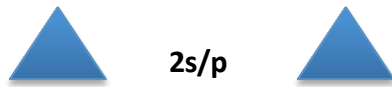
A4. Mandatory Items and Actions.

- A4.1 All equipment provided with the boat for sailing purposes shall be in the boat while afloat. A4.2 [DMG] At the end of each sailing day, competitors shall:
 1. roll, bag, and stow the sails as directed
 2. leave the boat in the same state of cleanliness as when first boarded that day
 3. remove rudder and raise keel
 4. clean the boat (cabin and decks), remove all trash and removing all marks and tape except tape applied to turnbuckles and for chafe protection

Addendum B

The COURSE

Course W4: Start-1-1a-2s/p-1-1a-Finish



Addendum C

Audible-Signal Starting System

C1. A series of short signals may be made before the sequence begins in order to attract attention. The RC may also use VHF radio to announce a sequence.

C2. The starting sequence shall consist of the following sound signals made at the indicated times. Signals shall be timed from their commencement and shall govern, even if visual signals are also used.

Signal	Sound	Time before the start
Attention	Series of short sounds	Before the warning
Warning	3 long	3 minutes
Preparatory	2 long	2 minutes
	1 long, 3 short	1 minute, 30 seconds
	1 long	1 minute
	3 short	30 seconds
	2 short	20 seconds
	1 short	10 seconds
Starting	5 short, 1 second apart	5-4-3-2-1 seconds
	1 long	0

C3. Individual recalls shall be signaled by hailing the sail or bow number of each recalled boat. Flag X need not be displayed.

C4. Failure to hear an adequate hail or sound signal shall not be grounds for redress. This changes RRS 62.1.

Addendum D

BREAKDOWNS and REDRESS

D1 The following is added to RRS 62.1: “(e) a boat suffering a breakdown.”

D2 If a boat suffers a breakdown, the team may request redress subject to the following:

- a) In addition to the requirements of RRS 62.2, **the team must inform the bosun on VHF channel 72 of the breakdown during or promptly after the affected race and, at such time, notify the bosun of the team’s intent to request redress.** This changes RRS 62.2.
- b) When a boat suffers a breakdown, the boat’s crew shall make all reasonable efforts to fix the damage and continue racing, unless that would result in further damage or risk to the crew. Race officials may require a damaged boat to retire.
- c) When a boat’s finishing position is materially prejudiced by equipment failure clearly not the fault of the boat’s crew or by or damage caused by an infringing boat, that boat may be awarded redress.
- d) Redress for Breakdowns - When the Protest Committee is satisfied that redress is warranted, it shall use one of the following methods:
 - i) Unless (c), (ii) or (iii), apply, points shall be awarded as the team’s average score for all other races. However, the boat shall receive its actual finishing place if that place was better than the average score. Decimals are rounded to the nearest integer, rounding up 5. Such compensation may result in two (2) boats having the same score.
 - ii) If the breakdown occurred at or near the finishing line and the boat’s position was clearly secure, she may be scored in that position. Even though other boats may have finished ahead of the breakdown boat, such boats shall be scored as having finished behind the boat given redress.
 - iii) When method (c) or (i), above, clearly does not yield a fair scoring of a team’s performance in that race and (c) or (ii), above, does not apply, the Protest Committee may award redress that is more equitable for that team.

D3 This is intended to guide competitors, RC, and judges and umpires in the application of redress, but not to limit the authority of judges and umpires in resolving individual cases equitably.

D4 Competitors are expected to use reasonable care and seamanship in handling boats.

They are also expected to check the likely points of failure of a boat they are about to sail. If they do not do so, they should not expect redress when simple and preventable failures occur.

D5 Tests for qualifying a breakdown for redress should include:

1. Did a piece of equipment break?
2. If so, did a significant loss of finishing position result?
3. Could the failure have been prevented by reasonable inspection and/or adjustment before the race?
4. Was the equipment used in a reasonable or proper manner?

D6 Redress should be awarded only when equipment fails, not for improper handling or poor seamanship. Where on the course the failure occurred (i.e., time and location in the race) should be considered in determining whether it caused a significant loss of finishing position.

Addendum E

Regatta Format and Scoring

E1. Event Format

E1.1 The number of races to be sailed each day will be determined by the RC.

E1.2 The RC may change the format, terminate any round robin or the event when, in its opinion, it is impracticable to attempt to hold the remainder of the races under the existing conditions or in the remaining time scheduled. **At any time during the Event, this format may be changed.**

E1.3 The Event is designed to consist of ten (10) races.

E2. Scoring

E3.1 Ten (10) races are scheduled. A minimum of three (3) races is required to constitute an event.

E3.2 Races will be scored using RRS A4, however at no point during the regatta will a race be discarded. This changes RRS A2.1.

Addendum F

Penalties for Damage Resulting from Contact between Boats

WS Addendum Q5.5 gives the protest committee the ability to protest and penalize a boat that breaks RRS 14. This document explains how damage will be assessed and gives general guidance on the appropriate penalty. When the protest committee has good reasons to do so, it may apply a different penalty.

Damage will be divided into 3 levels as shown in the following table:

Level	Extent	Effect	Pts Penalty
Level A: Minor Damage	Does not significantly affect the value, general appearance or normal operation of the boat.	Boat may race without repair although some minor surface work may be required after the event. Repairs should not normally require more than 1 hour of work.	20%
Level B: Damage	Affects the value and/or general appearance of the boat	The damage does not affect the normal operation of the boat in that race but may need some (temporary) work before racing again. Requires more than 1 hour of work but should not normally require more than 3 hours of work.	50%
Level C: Major Damage	The normal operation of the boat is compromised and its structural integrity may be impaired.	The boat will need some repair work before racing again. Requires more than 3 hours of work.	100%

When both teams break RRS 14, they should both receive a points penalty. If a competitor requests a hearing when a points penalty is imposed, the protest committee may decide (in the hearing) to give a greater penalty.

The penalty will be the whole number (rounding 0.5 upward) nearest to the specified percentage of the number of teams entered in the regatta, but never less than 2 points.

Deductions from Damage Deposits

The assessment of damage level is only for the purpose of points penalties and is not linked to any deductions from the competitor's damage deposits.

Any points penalty will be based on the assessment of damage level made on the water. Subsequent assessments of the damage level after closer inspection, whether the level turns out to be higher or lower, will have no effect on the points penalty given on the water.