1. RULES
   1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
   1.2. The following documents shall apply. Documents are available on the Junior Women’s Championship webpage: [https://www.ussailing.org/competition/championships/u-s-junior-womens-championship/](https://www.ussailing.org/competition/championships/u-s-junior-womens-championship/)
      1.2.1. US Sailing Regulation 10. An alleged breach of US Sailing Regulation 10 shall not be grounds for a protest by another boat; this changes rules 60.1(a). However, when a protest committee believes that a competitor may have breached Regulation 10.03, it shall follow the process described in the Championships’ Code of Conduct.
      1.2.2. The [Conditions for the Junior Women’s Championship](https://www.ussailing.org/competition/championships/u-s-junior-womens-championship/) and the [US Sailing Conditions for Championships](https://www.ussailing.org/competition/championships/u-s-sailing-conditions-for-championships/).
      1.2.3. The [US Sailing Coaching and Support Boat Policy](https://www.ussailing.org/competition/championships/u-s-sailing-coaching-and-support-boat-policy/). This will be a Grade 2 Coaching event.
   1.3. Appendix P – Special Procedures for RRS 42 shall apply and may be modified by the Sailing Instructions.
   1.4. The notation “[DP]” in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.
   1.5. RRS 40 is changed so that each competitor shall wear a USCG approved life jacket, in good condition, that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water except for brief periods while adding, removing or adjusting clothing. (US Sailing Regulation 10) [DP]
   1.6. RRS 60.1(a) is changed to add: prohibit a boat from protesting another boat for an alleged breach of any class rule other than class equipment measurement rules.
   1.7. RRS 77 is changed so that a boat is not required to display national letters.

2. ADVERTISING
   Boats may be required to display advertising chosen and supplied by the Organizing Authority as outlined in World Sailing Regulation 20. [DP]

3. EVENTS
   3.1. The regatta shall include the following events utilizing the following class compliant equipment:
<table>
<thead>
<tr>
<th>Event</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doublehanded Skiff</td>
<td>29er</td>
</tr>
<tr>
<td>Singlehanded Dinghy</td>
<td>ILCA 6</td>
</tr>
</tbody>
</table>

4. **ELIGIBILITY**

4.1. Competitors (skippers and crews) shall have reached their 13\textsuperscript{th} birthday but not their 19\textsuperscript{th} birthday during the calendar year in which the event is held.

4.2. Competitors shall be individual or family members, all in good standing, of US Sailing at the time of application, registration and of the event and not otherwise ineligible to complete under the laws, regulations, policies and rules of USOPC or its affiliated organizations.

4.3. Competitors shall be US Citizens. Proof of citizenship must be provided, if requested by the OA.

5. **ENTRY and FEES**

5.1. The registration period will be open from Monday, March 15 at 1200 Eastern Standard Time. Competitors shall submit completed registration forms, including non-refundable registration fees, no later than June 15th on the Junior Women’s Championship webpage: [https://www.ussailing.org/competition/championships/us-junior-womens-championship/](https://www.ussailing.org/competition/championships/us-junior-womens-championship/)

5.2. A class shall have a minimum of five (5) boats registered as of June 15 or that class will be dropped from the championship and registration fees will be refunded in full.

5.3 The Registration Fees are listed in the table below.

<table>
<thead>
<tr>
<th>Time Period</th>
<th>ILCA 6</th>
<th>29er</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular</td>
<td>For entries between Feb 13-May 15</td>
<td>$450.00</td>
</tr>
<tr>
<td>Late</td>
<td>For entries between May 16 – June 15</td>
<td>$550.00</td>
</tr>
</tbody>
</table>

5.4 Registration fees will be refunded, less a $50 processing fee, to entries that cancel on or before June 15. No refunds will be granted after June 15.

6. **PRELIMINARY SCHEDULE** (subject to change)

6.1. Competitors shall not arrive at the venue before 1300 Sunday, July 16th unless they have been given prior written permission from the US Sailing Junior Women’s Championship Committee Chair. These will only be granted in unusual circumstances. No sailing out of Roger Williams University will be permitted prior to Monday, July 17th unless approved by the Organizing Authority. [DP]

6.2. Requests for early and late arrivals and departures shall be made in writing via e-mail to US Sailing, [youthchampionships@ussailing.org](mailto:youthchampionships@ussailing.org) and sent no later than June 15.

6.3. Preliminary Schedule:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, July 16</td>
<td>1500-1700</td>
<td>Early Registration</td>
</tr>
<tr>
<td>Monday, July 17</td>
<td>0900-1200</td>
<td>Registration</td>
</tr>
<tr>
<td></td>
<td>1200-1700</td>
<td>Clinic with US Sailing Coaches</td>
</tr>
<tr>
<td>Tuesday, July 18</td>
<td>1000-1700</td>
<td>Clinic with US Sailing Coaches</td>
</tr>
<tr>
<td>Time</td>
<td>Activity</td>
<td></td>
</tr>
<tr>
<td>---------</td>
<td>-----------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>1800</td>
<td>Regatta Celebration Dinner</td>
<td></td>
</tr>
<tr>
<td>1000-1700</td>
<td>Clinic with US Sailing Coaches</td>
<td></td>
</tr>
<tr>
<td>1800</td>
<td>Off-site Activity</td>
<td></td>
</tr>
<tr>
<td>0900</td>
<td>Competitors Meeting</td>
<td></td>
</tr>
<tr>
<td>1200</td>
<td>Warning signal for first race of the day;</td>
<td></td>
</tr>
<tr>
<td></td>
<td>subsequent races to follow</td>
<td></td>
</tr>
<tr>
<td>0900</td>
<td>Mandatory Morning Briefing</td>
<td></td>
</tr>
<tr>
<td>1130</td>
<td>Warning signal for first race of the day;</td>
<td></td>
</tr>
<tr>
<td></td>
<td>subsequent races to follow</td>
<td></td>
</tr>
<tr>
<td>1500</td>
<td>No Warning Signal after 1500</td>
<td></td>
</tr>
<tr>
<td>As soon as practical</td>
<td>Awards Ceremony</td>
<td></td>
</tr>
</tbody>
</table>

Awards presentation will be made as soon as practicable following the conclusion of racing and pack-up. Attendance at the Awards Ceremony is mandatory for all competitors.

7. RISK, DISCLAIMER OF LIABILITY & PERSONAL CONDUCT
   7.1. Competitors participate in the regatta at their own risk. See Racing Rules of Sailing rule 3 (Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
   7.2. Competitors shall accept full responsibility for their actions during any activity related to the event. This includes activities before, during, and after the regatta from the time they arrive at the venue until they leave the venue at the conclusion of the event.
   7.3. All competitors are expected to maintain the highest levels of conduct throughout the entire event. Enforcement of discipline and conduct shall be conducted as per the Racing Rules of Sailing (rule 69), the Championships’ Code of Conduct and/or the policies and procedures of US Sailing (Regulation 15.01).

8. MEASUREMENT
   8.1. Each boat shall comply with the equipment measurement rules of its class and may be inspected for compliance at any time during the regatta at the discretion of the Protest Committee or the Organizing Authority.
   8.2. All boats shall display top sail or bow numbers, if provided, while racing. [DP]

9. SAILING INSTRUCTIONS
   The Sailing Instructions will be posted at https://www.ussailing.org/competition/championships/u-s-junior-womens-championship/

10. VENUE
    See Diagram A for a map of race areas.
11. COURSES
   The courses shall be described in the Sailing Instructions.

12. PENALTY SYSTEMS
   For the Skiff Event RRS 44.1 4.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

13. SCORING
   The scoring system will be detailed in the Sailing Instructions.

14. COACHING
   14.1. This is a Grade 2 Event as defined in the US Sailing Coaching and Support Boat Policy
   14.2. Private instructors, personal coaches, other support personnel, and family members shall not go afloat in the defined racing area at any time during the clinic or racing days, except as permitted by the Sailing Instructions.
   14.3. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing), including voice or data communication, while at the sailing venue during the clinic and racing days. The representative of the OA will have sole authority for determining whether the reason for any electronic communication, voice, or data transmission, by a competitor is acceptable. [DP]
   14.4. The coaches hired by US Sailing shall offer individual on-the-water instruction and group commentary/advice on land following each racing day. This coaching shall be given to all competitors on an equal basis.

15. PROHIBITED SUBSTANCES
   15.1. US SAILING REGULATION 10.03 B AND 10.03 C, STATE:
   B. For Junior and Youth events or for junior or youth competitors in any US Sailing championship, no participant or competitor shall use or possess, either on or off the water:
      1. marijuana or any other substance if possession is illegal under state or federal law; or 2. any alcoholic beverages.
   C. An alleged breach of one of these regulations shall not be grounds for a protest; this changes rules 60.1(a), 60.2(a) and 60.3(a). However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in the Championships Code of Conduct. If a competitor is found to have breached one of the elements within the Code of Conduct, they shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. When a competitor withdraws from part of an event pursuant to the Code, the scores of all completed races shall stand for the purposes of determining the seeding of subsequent rounds or stages in the event. However, that competitor’s boat/team will no longer be eligible to compete in the event, shall be removed from the final event scores, and each boat/team with a worse finishing place in the event shall be moved up one place.

   https://www.ussailing.org/competition/resources/hosting-a-us-sailing-championship/regulation-10/

16. PRIZES
16.1. US Sailing Championship medals will be awarded to competitors who finish first through fifth overall in classes greater than 25 and first through third overall in classes greater than ten. In classes with ten or fewer, first and second will be awarded.

16.2. The Ida Lewis Trophy is the perpetual trophy presented to the winning team of the Doublehanded fleet. The Ida Lewis Trophy remains on permanent display at the Ida Lewis Yacht Club.

16.3. The Nancy Leiter Clagett Memorial Trophy is the perpetual trophy presented to the winner of the Singlehanded fleet. The Nancy Leiter Clagett Memorial Trophy remains on permanent display at US Sailing.

16.4. The C. Thomas Clagett Jr. Sportmanship Prize will be awarded to a team or competitor based on the results of the competitor ballots.

17. FURTHER INFORMATION

17.1. All official applications, notices, forms and results will be posted on the Event Website.

17.2. For further information please contact US Sailing: youthchampionships@ussailing.org.
Diagram A – Venue

Mt. Hope Bay and Bristol Harbor
SafeSport Guide: US Sailing Youth Championships

US Sailing Youth Championship hosts are required to implement SafeSport's Minor Athlete Abuse Prevention Policies ("MAAPP") during Championship events. The MAAPPs consist of both:

A. SafeSport Training requirements
B. One-on-one abuse prevention policies

**SafeSport Training Requirements**

| The following adults must complete SafeSport training prior to working a US Sailing Youth Championship Event | • US Sailing Championship Committee Chairs,
• All race officials (Principal Race Officers, Judges, & Umpires),
• Volunteer Medical Professionals,
• Coaches and Instructors,
• On-site Championship organizers and regatta officials,
• Competitors who are 18 years of age or older who are teammates (aboard the same boat) with minor competitors. |

**One-on-One Abuse Prevention Policies**

For the duration of any US Sailing Championship event, all adults participating in the event as coaches, race officers, event organizers, medical staff, and volunteers shall adhere to the following one-on-one abuse prevention policies.

<table>
<thead>
<tr>
<th>One-on-One Interactions Between Adults and Unrelated Minor Competitors</th>
<th>General Rule: While on-site at a US Sailing Youth Championship event, all one-on-one contact between an adult and unrelated minor competitor must be observable and interruptible.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meetings and Training Sessions</td>
<td>All individual, one-on-one meetings and training sessions between an adult and an unrelated</td>
</tr>
<tr>
<td>Category</td>
<td>Rules</td>
</tr>
<tr>
<td>----------------------------------------------</td>
<td>----------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| **Athletic Training Sessions, Massages, Rubdowns** | All individual, one-on-one athletic training sessions, massages, and rubdowns involving an adult and unrelated minor competitor must be:  
  - Observable and interruptible,  
  - Performed with another adult present, and  
  - Have prior written consent from the minor’s parent/guardian. |
| **Locker Rooms & Changing Areas**            | Adults may not have unobservable and uninterruptible contact with an unrelated minor competitor in any locker room or changing area. |
| **Media & Electronic Communications**         | All one-on-one electronic communications between an adult coach, volunteer, or regatta official and unrelated minor competitor must be **open and transparent**. Open and transparent means that an adult shall copy or include on any electronic communication with a minor competitor:  
  (a) The minor competitor’s parent/guardian or other adult family member, or  
  (b) Another adult (such as a coach).  
  
  **Team Communications:** All electronic team communications with minor competitors shall include at least two adults. |
| **Transportation**                           | An adult shall not transport a minor competitor one-on-one to/from the event site unless that adult has prior, written consent from the minor competitor’s parent/guardian. |
| **Lodging**                                  | No minor competitor may stay overnight in the same room with an unrelated adult chaperone without prior written consent from the minor competitor’s parent/guardian. |