1. RULES

1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.

1.2. The following documents shall apply. Documents are available on the Youth Championship webpage:

1.2.1. US Sailing Regulation 10. An alleged breach of US Sailing Regulation 10 shall not be grounds for a protest by another boat; this changes rules 60.1(a). However, when a protest committee believes that a competitor may have breached Regulation 10.03, it shall follow the process described in the *Championships’ Code of Conduct*.

1.2.2. The *Conditions for the Youth Championship* and the *US Sailing Conditions for Championships*.

1.2.3. The *US Sailing Coaching and Support Boat Policy*. This will be a Grade 1 Coaching event.

1.3. Appendix B – Windsurfing Competition Rules shall apply for the Windsurfing Event, except as changed by the Sailing Instructions or this Notice of Race (NoR).

1.4. Appendix F – Kiteboarding Racing Rules shall apply for the Kiteboarding Event, except as changed by the Sailing Instructions or this Notice of Race. [Kiteboard Event Cancelled]

1.5. The notation “[DP]” in a rule in the NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1.6. Each competitor shall wear a USCG-approved life jacket, in good condition, that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water except briefly while changing or adjusting clothing or personal equipment. [DP]

1.7. In exception to 1.6 above, competitors in the iQFOiL class shall wear an impact vest as described in iQFOiL Class Association Rule C.3.2(a)(iii). This change is deemed to comply with US Sailing Regulation 10.

1.8. RRS 60.1 is changed to add: ‘(d) however, a boat shall not protest another boat for an alleged breach of a class rule other than class equipment measurement rules.’

1.9. RRS 77 is changed so that a boat is not required to display national letters.

2. ADVERTISING

Boats may be required to display advertising chosen and supplied by the Organizing Authority as outlined in World Sailing Regulation 20. [DP]
3. EVENTS

3.1. The regatta shall include the following events utilizing the following class compliant equipment:

<table>
<thead>
<tr>
<th>Event</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Doublehanded Dinghy</td>
<td>International 420</td>
</tr>
<tr>
<td>Doublehanded Skiff</td>
<td>29er</td>
</tr>
<tr>
<td>Multihull</td>
<td>Nacra 15</td>
</tr>
<tr>
<td>Singlehanded Dinghy - Light</td>
<td>ILCA 6</td>
</tr>
<tr>
<td>Singlehanded Dinghy</td>
<td>ILCA 7</td>
</tr>
<tr>
<td>Windsurfing</td>
<td>iQFOiL Youth</td>
</tr>
<tr>
<td>Kiteboarding</td>
<td>Formula-Kite</td>
</tr>
</tbody>
</table>

3.2. All events are open to male and female competitors. Doublehanded events may be sailed with mixed teams.

4. ELIGIBILITY

4.1. Competitors (skippers and crews) shall not reach their 20th birthday in the 2023 calendar year.

4.2. Competitors must be individual or family members, all in good standing, of US Sailing at the time of application, registration and of the event and not otherwise ineligible to compete under the laws, regulations, policies and rules of USOPC or its affiliated organizations.

4.3. Competitors must be US Citizens or eligible permanent residents with written authorization from World Sailing for an exemption under World Sailing Regulation 19.12, subject to the exceptions in NoR 4.4 & 4.5.

4.4. The Organizing Authority may grant an exception to the requirements in NoR 4.3 based upon a written request to do so. Requests will not be considered for permanent residents who have resided for less than five (5) continuous years in the United States. Requests should be emailed to US Sailing at YouthChampionships@ussailing.org by April 15.

4.5. MNAs are invited to nominate teams to attend the regatta with US Sailing approval. Nominated sailors, if accepted, are not required to comply with NoR 4.3, but shall comply with other eligibility requirements. Requests should be emailed to US Sailing at YouthChampionships@ussailing.org by April 15.

5. ENTRY and FEES

5.1. The registration period will open on Monday, February 13 at 1200pm Eastern Standard Time. Competitors shall submit completed registration forms, including registration fees, no later than May 15 on the Youth Championship webpage: https://www.ussailing.org/competition/championships/2023-u-s-youth-championship/

5.2. A class shall have a minimum of five (5) boats registered as of May 15 or that class will be dropped from the championship and registration fees will be refunded in full.

5.3. The Registration Fees are listed in the table below.

<table>
<thead>
<tr>
<th>Registration Date</th>
<th>Singlehanded classes</th>
<th>Doublehanded classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Regular</td>
<td>For entries between Feb 13 - April 30</td>
<td>$450.00</td>
</tr>
<tr>
<td>Late</td>
<td>For entries between May 1 - May 15</td>
<td>$550.00</td>
</tr>
</tbody>
</table>

5.4. Registration fees will be refunded, less a $50 processing fee, to entries that cancel on or before May 15. No refunds will be granted after May 15.

6. PRELIMINARY SCHEDULE (subject to change)

6.1. Competitors shall not arrive at the venue before 1300 Sunday, June 25th unless they have
been given prior written permission from US Sailing. No sailing out of Roger Williams University will be permitted prior to Monday, June 26th unless approved by US Sailing. [DP]

6.2. Requests for early and late arrivals and departures shall be made in writing via e-mail to US Sailing, youthchampionships@ussailing.org and sent no later than June 1.

6.3. Preliminary Schedule:

| Monday, June 26     | 0900-1700 | Registration for sailors and coaches |
|                    | 1200-1600 | Designated optional practice time   |
|                    | 1400      | Practice Race                        |
|                    | 1700      | Opening Ceremony                     |
|                    | 1800      | Mandatory Coaches and Spectator Boat Meeting |
| Tuesday, June 27   | 0900      | Mandatory Competitors Meeting        |
|                    | 1200      | Warning signal for first race of the day; subsequent races to follow |
|                    | 1800      | Regatta Celebration Dinner           |
| Wednesday, June 28 | 0900      | Mandatory Morning Briefing           |
|                    | 1200      | Warning signal for first race of the day; subsequent races to follow |
| Thursday, June 29  | 0900      | Mandatory Morning Briefing           |
|                    | 1200      | Warning signal for first race of the day; subsequent races to follow |
| Friday, June 30    | 0900      | Mandatory Morning Briefing           |
|                    | 1130      | Warning signal for first race of the day; subsequent races to follow |
|                    | 1400      | No Warning Signal after 1400         |
|                    | As soon as practical | Awards Ceremony |

7. RISK, DISCLAIMER OF LIABILITY & PERSONAL CONDUCT

7.1. Competitors participate in the regatta at their own risk. See Racing Rules of Sailing rule 3 (Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

7.2. Competitors shall accept full responsibility for their actions during any activity related to the event. This includes activities before, during, and after the regatta from the time they arrive at the venue until they leave the venue at the conclusion of the event.

7.3. All competitors are expected to maintain the highest levels of conduct throughout the entire event. Enforcement of discipline and conduct shall be conducted as per the Racing Rules of Sailing (rule 69), the Championships’ Code of Conduct and/or the policies and procedures of US Sailing (Regulation 15.01).

8. MEASUREMENT

8.1. Each boat shall comply with the equipment measurement rules of its class and may be inspected for compliance at any time during the regatta at the discretion of the Protest Committee or the Organizing Authority.
8.2. All boats shall display top sail or bow numbers, if provided, while racing. [DP]

9. SAILING INSTRUCTIONS
   The Sailing Instructions will be posted at
   https://www.ussailing.org/competition/championships/2023-u-s-youth-championship/

10. VENUE
    See Diagram A for a map of the race area. Racing locations for each class will be described in the
    Sailing Instructions.

11. COURSES
    The courses will be described in the Sailing Instructions.

12. PENALTY SYSTEMS
    For the Skiff and Multihull Events, RRS 44.1 is changed so that the Two-Turns Penalty is replaced by
    the One-Turn Penalty.

13. SCORING
    The scoring system will be detailed in the Sailing Instructions.

14. SUPPORT & SPECTATOR BOATS
    Registered private spectator boats will be permitted with specific conditions outlined on the
    regatta website and in the Sailing Instructions.

15. COACHING
    15.1. This is a Grade 1 Event as defined in the US Sailing Coaching and Support Boat Policy.
            Private coaches must have current certification and SafeSport training.
    15.2. US Sailing will provide event coaches to assist each Class, including group briefings and on-
            water assistance.
    15.3. Coaches are required to wear PFDs while on the water.
    15.4. An Engine Cut-Off Switch (ECOS) Link shall be attached to the coach boat operator, the
            operator’s clothing, or operator’s personal floatation device whenever a boat's engine is
            running.
    15.5. Private Coaches shall register on the Youth Championship webpage by June 1.
    15.6. Private Coaches are responsible for their own housing and coach boat. Information about
            docking, trailer storage and meal costs will be posted on the regatta welcome website.

16. PROHIBITED SUBSTANCES
    16.1. US SAILING REGULATION 10.03 B AND 10.03 C, STATE:
            B. For Junior and Youth events or for junior or youth competitors in any US Sailing
               championship, no participant or competitor shall use or possess, either on or off the
               water: 1. marijuana or any other substance if possession is illegal under state or federal
               law; or 2. any alcoholic beverages.

            C. An alleged breach of one of these regulations shall not be grounds for a protest; this
               changes rules 60.1(a), 60.2(a) and 60.3(a). However, when the protest committee
               believes that a competitor may have breached one of these regulations, it shall follow
               the process described in the Championships Code of Conduct. If a competitor is found to
               have breached one of the elements within the Code of Conduct, they shall be excluded
               from the remaining races of the series and, where practicable, removed from the regatta
               venue and sent home.
17. PROCEDURES FOR PROTECTED COMPETITIONS

17.1. US Sailing Regulation 12.03, Protected Competitions, will be in effect for all Events except for the Singlehanded Dinghy Event (ILCA 7 Class). The following rules and procedures will apply:

17.1.1. The US Sailing prescriptions to rules 63.1 and 63.2 shall apply to a Protected Competition, except that the words “when practicable” in the prescription to rule 63.1 are deleted.

17.1.2. Protest committees shall include at least 33.3% Sailor Athlete representation as per Section 105 of the US Sailing Bylaws: https://cdn.ussailing.org/wp-content/uploads/2019/11/US-Sailing-Bylaws-2021-11-13.pdf and USOPC Bylaws Section 8.5.1(b). At least half of those Sailor Athletes must be 10 Year Sailor Athletes and the remaining Sailor Athletes must be either 10 Year Sailor Athletes or 10 Year + Sailor Athletes.

17.1.3. The right of appeal will not be denied under rule 70.5 (a), (b), or (c), but an expedited appeal process may be used that balances the needs of the competitor for certainty with respect to berths in future competitions and sufficient time to prepare the arguments and evidence for the appeal.

17.1.4. Any boat that is a party to a redress hearing may be represented by up to two individuals. This changes rule 63.3(a).

17.1.5. If a hearing is scheduled after the event is concluded and after the sailors and officials have left the venue, it will be scheduled as soon as possible, and in a place and manner chosen with deference to the competitor’s preferences or circumstances; and parties to the hearing have the right to be present telephonically or via video feed as appropriate, provided all participants can hear and speak to each other.

17.2. Other rule changes

17.2.1. Rule 65.2 is changed as follows: "seven days" is changed to "24 hours" and "promptly" is changed to "within 24 hours."

17.2.2. Rule 66.1, Reopening a Hearing, second sentence is deleted and replaced by: “However, if an appeal of its decision has been sent to the national authority, the hearing shall not be reopened unless the national authority requires reopening under rule R5.4 or decides the appeal cannot be considered.”

17.3. Expedited appeals procedure

The expedited appeals system in rule R8, Expedited Appeals, will be used. See: https://www.ussailing.org/wp-content/uploads/2018/01/2017-Expedited-Appeals.pdf

18. PRIZES

18.1. US Sailing Championship medals will be awarded to the top five in classes with twenty-five or more entries, top three in classes with ten or more entries, and top two in classes with less than ten entries.

18.2. US Sailing Championship medals will be awarded to the top three female competitors (singlehanded) / female teams (doublehanded) in classes with eight or more all-female entries, top two in classes with five or more all-female entries, and top one in classes with less than five all-female entries.

18.3. The Manton D. Scott Memorial Trophy will be awarded to the winning Doublehanded Dinghy (I420) team.

18.4. The Robert L. Johnstone III Trophy will be awarded to the winning Singlehanded Dinghy (ILCA 7) competitor.

18.5. The Robert and Ann Conner Trophy will be awarded to the winning Singlehanded Dinghy - Light (ILCA 6) competitor.
18.6. The Arthur D. Stevens Trophy will be awarded to the winning Multihull team.
18.7. The Major Hall Trophy will be awarded to the winning Windsurfing competitor.
18.8. The Trevor Moore Trophy will be awarded to the winning Doublehanded Skiff (29er) team.
18.9. The David M. Perry Perpetual Sportsmanship Trophy will be awarded in each class.
18.10. The Smythe Trophy will be awarded to the top new singlehanded sailor (sailing in their first U.S. Youth Championship) in the largest singlehanded fleet.
18.11. The Bemis Trophy will be awarded to the top new doublehanded team (both sailors sailing in their first U.S. Youth Championship) in the largest doublehanded fleet.
18.12. US Sailing's International Selection Committee (ISC) will select the top eligible prospective athlete in the following events: Male One Person Dinghy-Light (ILCA 6), Female One Person Dinghy-Light (ILCA 6), Mixed or Male Two Person Dinghy (i420), Female Two Person Dinghy (i420), Mixed or Male Skiff (29er), Female Skiff (29er), Mixed Multihull (Nacra 15), Male Windsurfer (iQFOiL Youth), Female Windsurfer (iQFOiL Youth), Male Kiteboarding (Formula-Kite) and Female Kiteboarding (Formula Kite) to represent the United States at the Youth Sailing World Championship. See https://www.ussailing.org/olympics/selection/youth-worlds-team/ for eligibility requirements and selection details.
18.13. Competitors entered in accordance with NoR 4.5 (non-USA MNAs) are eligible to win US Sailing medals (NoR 18.1 & 18.2) but are not eligible to win perpetual trophies (NoR 18.3 – 18.11).

19. FURTHER INFORMATION
19.1. All official applications, notices, forms and results will be posted on the Event Website: https://www.ussailing.org/competition/championships/2023-u-s-youth-championship/
19.2. For further information please contact US Sailing: youthchampionships@ussailing.org
Diagram A – Venue

Mt. Hope Bay and Bristol Harbor
SafeSport Guide: US Sailing Youth Championships

US Sailing Youth Championship hosts are required to implement SafeSport’s Minor Athlete Abuse Prevention Policies (“MAAPP”) during Championship events. The MAAPPs consist of both:

A. SafeSport Training requirements
B. One-on-one abuse prevention policies

### SafeSport Training Requirements

| The following adults must complete SafeSport training prior to working a US Sailing Youth Championship Event | • US Sailing Championship Committee Chairs,
| | • All race officials (Principal Race Officers, Judges, & Umpires),
| | • Volunteer Medical Professionals,
| | • Coaches and Instructors,
| | • On-site Championship organizers and regatta officials,
| | • Competitors who are 18 years of age or older who are teammates (aboard the same boat) with minor competitors. |

### One-on-One Abuse Prevention Policies

For the duration of any US Sailing Championship event, all adults participating in the event as coaches, race officers, event organizers, medical staff, and volunteers shall adhere to the following one-on-one abuse prevention policies.

<table>
<thead>
<tr>
<th>One-on-One Interactions Between Adults and Unrelated Minor Competitors</th>
<th>General Rule: While on-site at a US Sailing Youth Championship event, all one-on-one contact between an adult and unrelated minor competitor must be observable and interruptible.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meetings and Training Sessions</td>
<td>All individual, one-on-one meetings and training sessions between an adult and an unrelated</td>
</tr>
<tr>
<td>Section</td>
<td>Details</td>
</tr>
<tr>
<td>----------------------------------------------</td>
<td>--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
</tbody>
</table>
| **Athletic Training Sessions, Massages, Rubdowns** | All individual, one-on-one athletic training sessions, massages, and rubdowns involving an adult and unrelated minor competitor must be:  
  - Observable and interruptible,  
  - Performed with another adult present, and  
  - Have prior written consent from the minor’s parent/guardian.                                                                                      |
| **Locker Rooms & Changing Areas**            | Adults may not have unobservable and uninterruptible contact with an unrelated minor competitor in any locker room or changing area.                                                                                  |
| **Media & Electronic Communications**        | All one-on-one electronic communications between an adult coach, volunteer, or regatta official and unrelated minor competitor must be **open and transparent**. Open and transparent means that an adult shall copy or include on any electronic communication with a minor competitor:  
  (a) The minor competitor’s parent/guardian or other adult family member, or  
  (b) Another adult (such as a coach).  
  
  **Team Communications**: All electronic team communications with minor competitors shall include at least two adults.                                                                 |
| **Transportation**                           | An adult shall not transport a minor competitor one-on-one to/from the event site unless that adult has prior, written consent from the minor competitor’s parent/guardian.                                           |
| **Lodging**                                  | No minor competitor may stay overnight in the same room with an unrelated adult chaperone without prior written consent from the minor competitor’s parent/guardian.                                                |