



2022 U.S. Junior Women's National Championship Regional Clinic Series

Organizing Authority: US Sailing

Supported by the C. Thomas Clagett Jr. Trust

NOTICE OF CLINIC

Posted May 12, 2022

CLINIC INFORMATION

The 2022 U.S. Junior Women's Clinics are organized by the US Sailing Junior Women's Championships Committee and made possible by the generous support of the C. Thomas Clagett Jr. Trust.

These unique, all girls clinics provide junior sailors with a chance to build their skills in an all-female environment and foster friendships for a lifetime! The clinic will be comprised of group presentations, on the water drills and practice racing. US Sailing Coaches are provided to lead training and coach all competitors to enhance the experience, sailing skills, and competitive sportsmanship of the group. No private coaching is allowed.

CLASSES

ILCA 4 (4.7), ILCA 6 (Radial), Club 420 (with trapeze and spinnaker) and 29er.

A fleet shall have a minimum of five (5) boats registered as of the registration deadline, or that fleet will be dropped from the clinic. Competitors will be notified and offered the opportunity to sail in another fleet. If they choose not to race in the other fleet, they will be refunded their entry fee.

ELIGIBILITY

Sailors must have reached their 13th birthday but not their 19th birthday during the calendar year of the clinic. Sailors must be individual or family members, all in good standing, of US Sailing at the time of registration and clinic. Competitors must be eligible to compete under the laws, regulations, policies and rules of USOPC or its affiliated organizations.

DATES AND HOSTS

Northwest- July 2-3- Community Boat Center -Bellingham, WA

Northeast- July 16-17- American Yacht Club- Rye, NY

Midwest- August 16-18- Lake Forest Sailing- Lake Forest, IL



REGISTRATION

Registration can be completed via the links on the Event Website:

Registration will open on May 12th at Noon EST/9:00am PST on a first come, first served basis. The registration deadline for each clinic is three weeks prior to the first day of the clinic. Each clinic will be capped at 60 sailors. Additional sailors may register for the waitlist and will be notified if space becomes available.

The registration fee is \$65/day per sailor. The registration is important for information and waiver retrieval. Registration is not complete until the electronic waiver has been signed.

EQUIPMENT

Attending sailors must bring their own boat or arrange their own charter.

Each competitor shall wear a USCG approved life jacket that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing (US Sailing Regulation 10).

All boats are required to bring their own 40-foot tow line.

MEALS/WATER

Attending sailors and coaches must bring their own reusable water bottle. Water refill stations will be available at all host facilities. No meals will be provided, sailors are to bring their own lunches and post-sailing snacks to eat during the clinic days.

SCHEDULE

A schedule for each clinic will be released closer to the clinic start date. Sailors should plan to arrive at 9:00 am and leave at 6:00 pm each day of the clinic.

VENUE

The clinic will be generously hosted at 3 different venues across the country. Visiting sailors and coaches are asked to be respectful to staff and members who will also be on site during this time. Sailors and coaches are to keep their boats and gear in the designated areas for the clinic and clean up after themselves.

HOUSING/ACCOMODATIONS

All sailors are responsible for arranging their own housing/accommodations for the duration of the clinic. Information about local hotel room blocks will be available on the event website.

FURTHER INFORMATION

For further information, please contact:

Alana Marks, US Junior Women's Championship Committee Chair, alanaoreilly@gmail.com

Catherine Shanahan, Youth Racing Events Manager, Catherineshanahan@USSailing.org, 401-342-7949