



Signs and Symptoms of Child Sexual Abuse

Athletes rarely speak up about child sexual abuse. Instead, we often need to rely on other indicators that something might be going on in sport. One indicator of child sexual abuse includes sudden behavioral changes related to the training and competition, including the following:

1. Losing enthusiasm for sport and competition.
2. Not wanting to practice.
3. Wanting to avoid contact with a particular individual – such as a coach, assistant coach, or athletic trainer.
4. Having a sudden mood change such as a violent outburst.
5. Wanting to change teams, even though his or her friends are on their current team.