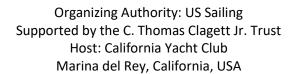




2022 U.S. Junior Women's Championships

July 20-24, 2022





SAILING INSTRUCTIONS

The notation"[NP]" in a rule means that the rule shall not be grounds for a protest by a boat.

1. RULES

- 1.1. The following documents shall apply: US Sailing's SafeSport Handbook.
- 1.2. RRS 77 is changed so that a boat is not required to display national letters.
- 1.3. See NoR for other rules.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors (including protest notifications) will be posted on the Official Notice Board https://theclubspot.com/regatta/oR1xqTYHBs/#notice-board) Notices also may be posted on the outside windows of the Gallery Room, downstairs in the CYC clubhouse.
- 2.2. All questions to the race committee (RC), protest committee (PC) or organizing authority (OA) must be made in writing and will be answered on the Official Notice Board.

3. CHANGES TO THE SAILING INSTRUCTIONS

- 3.1. Changes to the sailing instructions (SI) will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the day before it will take effect.
- 3.2. Oral changes to the SI may be given on the water. The RC signal boat will display code flag "L" and all competitors shall approach the signal boat and receive the oral change while code flag "L" is displayed in accordance with RRS 90.2(c).

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the flag pole on the CYC front lawn.
- 4.2. When AP is displayed ashore, the warning signal for the next race will be made not less than 60 minutes after AP is removed. This changes RRS Race Signals.

5. SAFETY [DP] [NP]

- 5.1. Before the warning signal of the first race in which they intend to compete each day, boats shall check in by sailing, on starboard tack, past the stern of the RC signal boat. Each boat shall hail their recall number until acknowledged by the signal boat. Failure to check in may result in a penalty. [DP]
- 5.2. A boat retiring from a race shall notify a RC vessel before leaving the course, or, when that is impossible, immediately after arrival ashore. [DP]
- 5.3. GPS devices of all varieties, styles and combinations and VHF radios are specifically banned. [DP]



6. SCHEDULE

- 6.1. The scheduled racing days are July 23-24. Mandatory racing clinics will be held July 21-22.
- 6.2. Seven (7) races are scheduled: four (4) on Saturday and three (3) on Sunday. Without posting a change to the schedule of races, the RC reserves the right to run one more race on Sunday if fewer than the scheduled number of races are completed on Saturday. The RC may run fewer races at its discretion.
- 6.3. On the last scheduled day of racing no warning signal will be made after 1500.

7. CLASS FLAGS

7.1. The class flags are as follows:

| Class | Flag |
|--------|-------------------------------------|
| C420 | White flag with black 420 lettering |
| ILCA 6 | Green flag with red ILCA lettering |

8. RACING AREA

8.1. The racing area is shown in Attachment A.

9. THE COURSES

- 9.1. The diagrams in Attachment B show the courses, including the order in which marks are to be passed.
- 9.2. All rounding marks shall be left to port, except Marks 3S/3P and Marks 4S/4P which are gates.
- 9.3. The RC signal vessel will post the course to be sailed on a white board or placard.
- 9.4. If one of the gate marks is missing, the mark in position shall be rounded to port.

10. MARKS

- 10.1 Marks 1 and 4s/4p will be yellow inflatable shapes.
- 10.2 Mark 1a (offset mark), if used, is a small orange tetrahedron with a black band.
- 10.3 Marks 2 and 3s/3p will be orange inflatable shapes.
- 10.4 Start Line Mark, if used, will be a small orange inflatable shape.
- 10.5 Finish Line Mark, if used, will be a small yellow inflatable shape.

11. THE START

- 11.1. Races will be started using RRS 26, with a gap between classes.
- 11.2. The starting line will be between a staff displaying an orange and white checkered flag on the RC signal vessel at the starboard end and either a staff displaying an orange and white checkered flag on a RC vessel or the course side of the Start Line Mark (see SI 10) at the port end.
- 11.3. To alert boats that the race will begin soon, the orange and white checkered line flag on the RC signal vessel will be displayed with multiple sounds, at least 4 minutes before the warning signal is displayed.
- 11.4. In addition, after a race, the RC intends to post the sail numbers of boats that are scored as OCS, ZFD, UFD, or BFD. This is a courtesy only and failure of the RC to make this posting will not be grounds for redress.
- 11.5. A boat that does not start within four (4) minutes after their starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.



12. COURSE CHANGES

- 12.1. To change the next leg of the course, the RC will (a) lay a new mark, (b) move the finishing line, or (c) move the leeward gate (original marks). When a new mark is laid, the original mark will be removed as soon as possible. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 12.2. The RC may make minor adjustments (up to ten degrees in bearing and/or 20% in leg distance) in the course without signaling a change of course. This changes RRS 33.

13. THE FINISH

13.1. The finishing line will be between a staff displaying a blue flag on the finish line vessel and a staff displaying a blue flag on the pin vessel or the course side of the nearby Finish Line Mark (see SI 10).

14. TIME LIMITS

14.1. The following time limits apply (in minutes):

| Class | Time Limit | Mark 1 time limit | Finish window |
|----------|------------|-------------------|---------------|
| Club 420 | 75 | 20 | 15 |
| ILCA 6 | 75 | 20 | 15 |

- 14.2. If no boat has passed Mark 1 within the Mark 1 time limit, the race shall be abandoned.
- 14.3. Boats still racing and failing to finish within the finish window after the first boat in their class sails the course and finishes will be scored DNF.

15. PENALTY SYSTEM

15.1. RRS Appendix P, Special Procedures for Rule 42, shall apply as changed by NOR 13.1.

16. HEARING REQUESTS

- 16.1. Hearing request forms, scoring inquiry forms and penalty acceptance forms will be available at the jury desk located in the atrium on the lower level of the CYC clubhouse. After racing and prior to the protest time limit, the protest desk will be located at the jury desk. All such forms must be filed with the Jury Secretary.
- 16.2. When the RC receives a scoring inquiry form, it will review its records and respond as soon as practical.
- 16.3. The protest time limit is 45 minutes after the RC signal vessel docks. The RC will post the protest time limit on the Hearing Notice Board. The Hearing Notice Board is located in the atrium on the lower level of the CYC clubhouse.
- 16.4. Notice of actions taken by the RC will be shown in the posted results. Notice of actions taken by the PC and a list of boats penalized under Appendix P will be posted on the Hearing Notice Board.
- 16.5. Notices of protests by the RC or PC will be posted to inform boats under RRS 61.1(b).
- 16.6. As soon as practicable after a protest or request for redress has been filed, the PC will post a notice on the Hearing Notice Board to inform competitors of the schedule and location of hearings in which they are parties or named as witnesses. Representatives of boats who are parties to a hearing and their witnesses shall remain on call in the vicinity of the Gallery Room.
- 16.7. It is each boat's sole responsibility to check the Hearing Notice Board promptly after the end of protest filing time to see if they are party to a protest.



17. SCORING

- 17.1. In accordance with RRS A2.1, a boat's series score will be the total of her races scores, excluding her worst score after five (5) races have been completed.
- 17.2. Three (3) races are required to be completed to constitute a series.

18. REPLACEMENT OF CREW OR EQUIPMENT [DP]

18.1. Substitution of competitors, or repair or replacement of hulls, sails or equipment will not be allowed without prior written approval of the organizing authority. See <u>US Sailing Championship</u> Conditions.

19. COACH AND SUPPORT VESSELS [DP][NP]

- 19.1. This is a Grade 2 Event as defined in the <u>US Sailing Championship Coaching and Support Boat Policy</u>. No private/team coach boats are permitted.
- 19.2. Instructors, personal coaches and or other support personnel and family members shall not go afloat in the defined racing area at any time during the clinic or racing days, except as permitted by NoR 15.
- 19.3. Outside contact with competitors is prohibited on clinic and racing days commencing with the morning competitors briefing and shall continue until the National Coach releases the competitors each day.
- 19.4. Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing), including via electronic communication devices while at the sailing venue during the regatta and clinic days. It is the intent of this SI to prohibit contact between competitors and any person who, in the opinion of the PC, is a coach, instructor, or advisor.
- 19.5. The coaches supplied by US Sailing will offer individual on-the-water instruction and group commentary/advice on land each day as the schedule permits. The coaching will be given to all competitors on as much of an equal basis as possible.

20. ELECTRONIC COMMUNICATIONS [DP]

20.1. A competitor shall not send or receive electronic communications from the time they leave the dock until after the last race of the day.

21. DISCIPLINE [NP]

- 21.1. Competitors are considered to be attending the championship from the moment that they arrive at the venue until they leave the venue for home or the airport.
- 21.2. Per US Sailing Regulations 10.03B, no contestant shall use, either on or off the water, marijuana or any other substance if possession is illegal under the state or federal law; or any alcoholic beverages. This regulation shall be in effect from date and time of arrival through date and time of departure from the locale and including transport to and from the locale. An alleged breach of one of these regulations shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in the Championship Code of Conduct. If a competitor is found to have breached one of these elements within the Code of Conduct, they shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.



21.3. All competitors are expected to maintain the highest level of conduct throughout the entire event. RRS 60.3 is modified to permit the PC to protest a boat when, from its own observations or a report received from any source, it believes that a competitor may have committed a breach of good manners, or sportsmanship, or may have brought the sport or event into disrepute. RRS 64.2 is changed to allow penalties for breaking this provision to range from a reprimand to a dismissal from the regatta. For a hearing under this provision, the PC shall call the Youth Championship Committee (YCC) Chairperson or his or her designee and the Regatta Chairperson as a witness.

22. PRIZES

- 22.1. Depending on class size, US Sailing Championship medals may be awarded to competitors who finish first through fifth overall in classes greater than 25 and first through third overall in classes greater than 10. In classes with ten or less, first and second will be awarded.
- 22.2. The Ida Lewis Perpetual Trophy will be awarded to the winning Club 420 team. The Ida Lewis Trophy remains on permanent display at the Ida Lewis Yacht Club in Newport, RI.
- 22.3. The Nancy Leiter Clagett Memorial Perpetual Trophy will be awarded to the winning ILCA 6 competitor. The Nancy Leiter Clagett Memorial Trophy remains on permanent display at US Sailing.
- 22.4. The C. Thomas Clagett Jr. Sportsmanship Prize will be awarded to a team or competitor based on the results of the competitors' ballots.

23. RISK, DISCLAIMER OF LIABILITY & PERSONAL CONDUCT

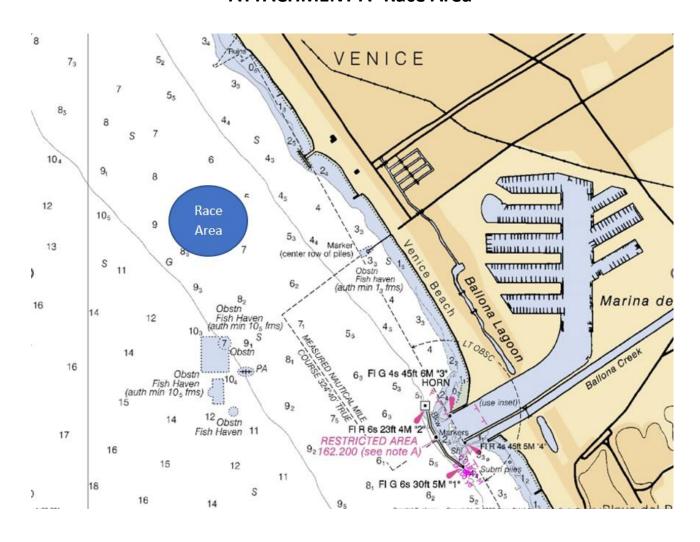
- 23.1. Competitors participate in the regatta at their own risk. See RRS 3 (Decision to Race). The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during or after the regatta.
- 23.2. The competitor will accept full responsibility for all their actions during any activity related to the event. This includes on-shore activities before, during and after the regatta.
- 23.3. All competitors are expected to maintain the highest levels of conduct throughout the entire event. Enforcement of discipline and conduct shall be conducted as per RRS 69.2, the Championship Code of Conduct and/or the policies and procedures of US Sailing (Regulation 15.01).

24. FURTHER INFORMATION

- 24.1. All official notices, forms, lists and results will be posted on the US Sailing website:
 - https://www.ussailing.org/competition/championships/2022-u-s-junior-womens-singlehanded-championship/
 - https://www.ussailing.org/competition/championships/2022-u-s-junior-womens-doublehanded-championship/
- 24.2. US Sailing-Youthchampionships@ussailing.org

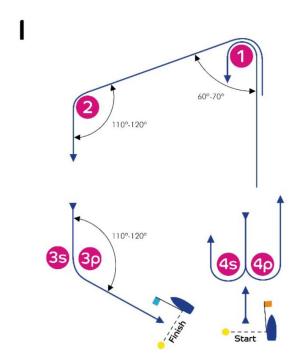


ATTACHMENT A- Race Area



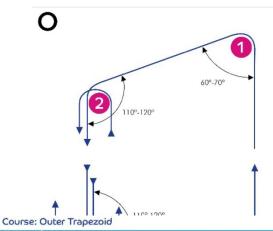


ATTACHMENT B - Courses



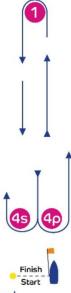
Course: Inner Trapezoid

| Signal | Mark Rounding Order |
|--------|---|
| 12 | Start - 1 - 4s/4p - 1 - 2 - 3p - Finish |
| 13 | Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish |
| 14 | Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - 2 - 3p - Finish |



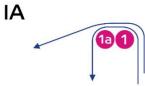
| Signal | Mark Rounding Order |
|--------|---|
| O2 | Start - 1 - 2 - 3s/3p - 2 - 3p - Finish |
| O3 | Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish |
| O4 | Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - Finish |





Course: Windward/Leeward

| Signal | Mark Rounding Order |
|--------|--|
| L2 | Start - 1 - 4s/4p - 1 - Finish |
| L3 | Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish |
| L4 | Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish |



Course: Same as Course I except with Offset Mark 1A

| Signal | Mark Rounding Order |
|--------|--|
| IA2 | Start - 1 - 1a - 4s/4p - 1 - 1a - 2 - 3p - Finish |
| IA3 | Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 2 - 3p - Finish |
| IA4 | Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 |
| 1/14 | - 1a - 2 - 3p - Finish |

Course: Same as Course L except with Offset Mark 1A

| Signal | ignal Mark Rounding Order | | |
|--------|--|--|--|
| LA2 | Start - 1 - 1a - 4s/4p - 1 - 1a - Finish | | |
| LA3 | Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - Finish | | |
| LA4 | Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 | | |
| | - 1a - 4s/4p - 1- 1a - Finish | | |