



Reading Athletes & Successfully Delivering What They Want & Need

Intro



Topics to Cover



Topics to Cover

EFFECTIVE
COACHING



Topics to Cover

**EFFECTIVE
COACHING**

**READING
ATHLETES**



Topics to Cover

**EFFECTIVE
COACHING**


**READING
ATHLETES**

**PUSHING
FURTHER**



What is an effective coach?






What is an effective coach?



SUPPORT




What is an effective coach?



SUPPORT

GUIDE



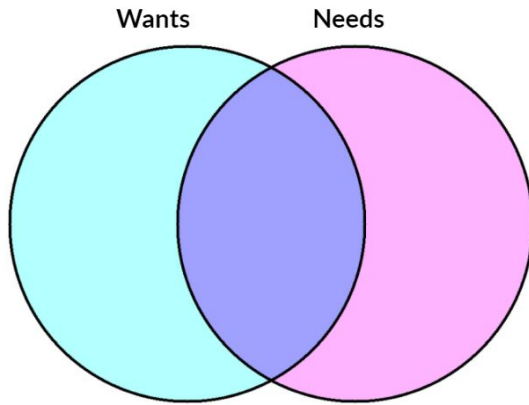
What is an effective coach?



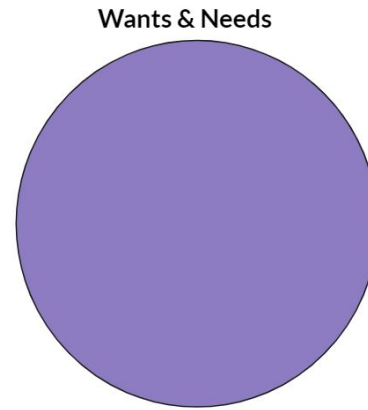
SUPPORT

GUIDE

SPOTLIGHT



Without Coaching



With Coaching

Reading Athletes





Reading Athletes



FIRST
CONTACT

SERVICE

SUPPORT



First Contact

Trust & Connection



First Contact

Trust & Connection

- Finding Common Ground



First Contact

Trust & Connection

- **Finding Common Ground**
- **Validation**



First Contact

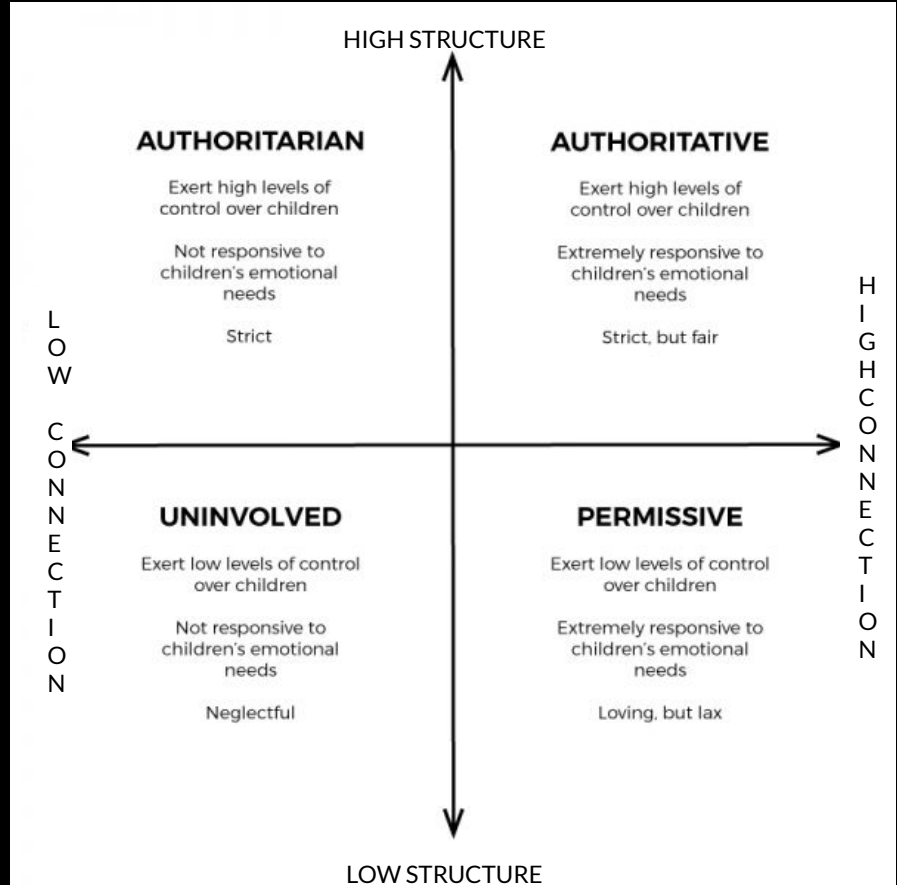
Trust & Connection

- **Finding Common Ground**
- **Validation**
- **Genuine Leadership**

First Contact

Trust & Connection

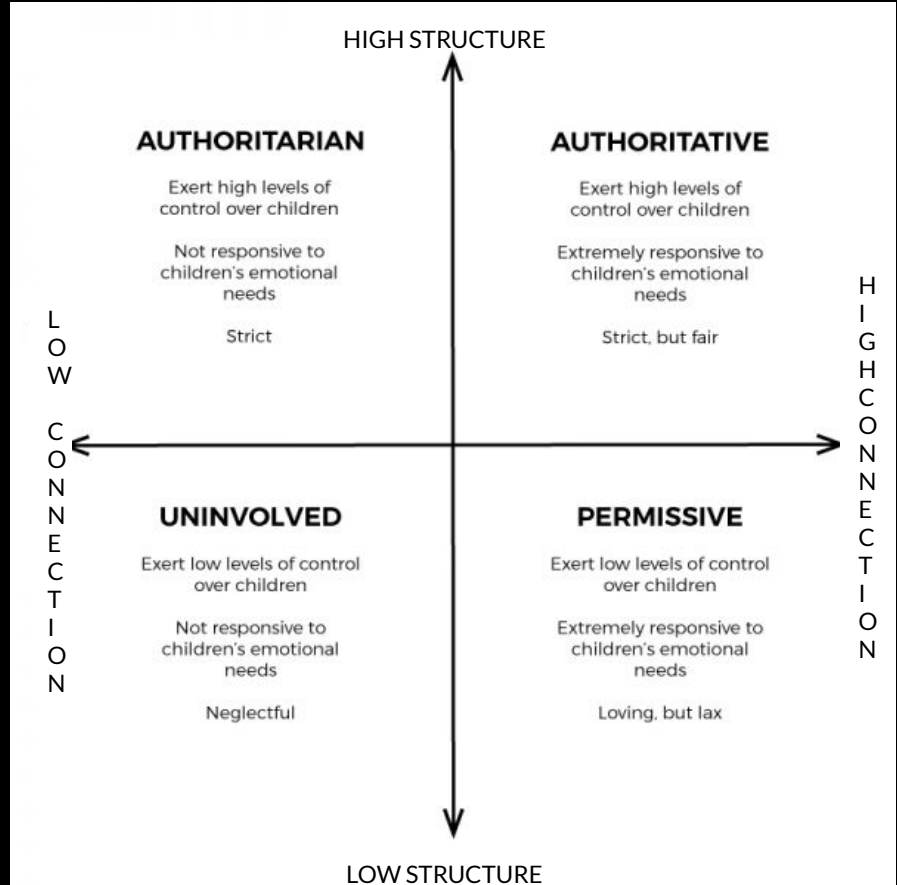
- Finding Common Ground
- Validation
- Genuine Leadership



First Contact

Trust & Connection

- Finding Common Ground
- Validation
- Genuine Leadership
- Prepare for the Day





First Contact Service

- Know Thyself



First Contact Service

- Know Thyself
- Manage Expectations



First Contact Service

- Know Thyself
- Manage Expectations
- Find Sticky Spots & Streamline



First Contact Service

- Know Thyself
- Manage Expectations
- Find Sticky Spots & Streamline
- Identify Type of Service



First Contact Service

- Know Thyself
- Manage Expectations
- Find Sticky Spots & Streamline
- Identify Type of Service
- Consistency is key





**Delivering What They
Want & Need**

Pushing Athletes Further



Pushing Further Assessment

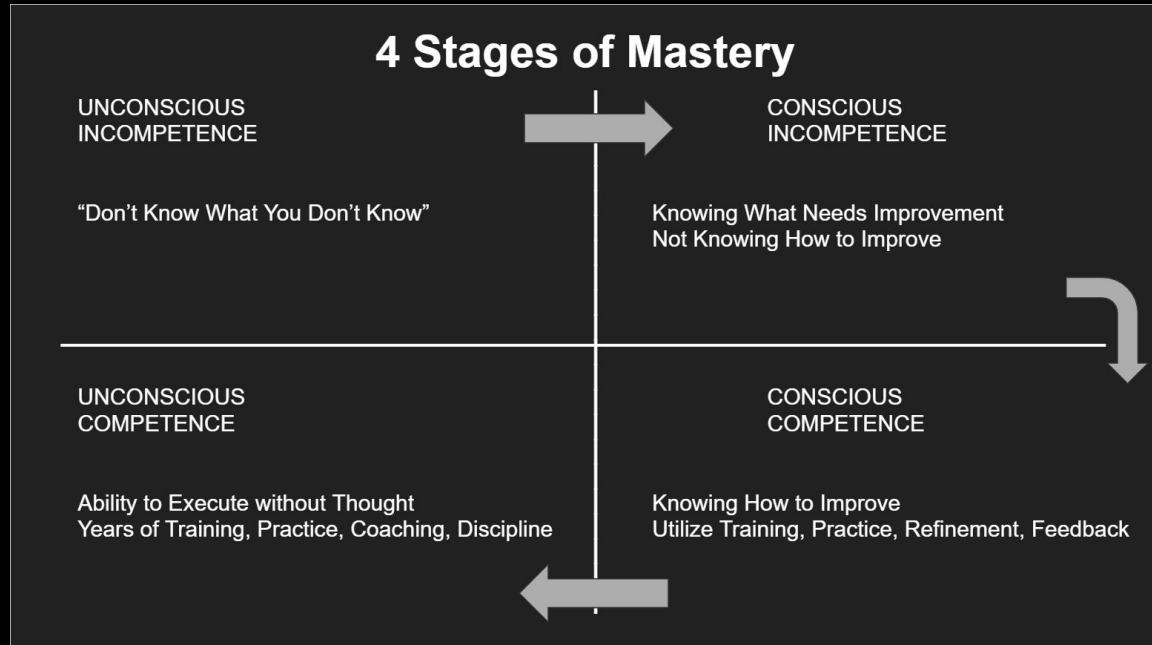
- S** | Strength
- W** | Weakness
- O** | Opportunity
- T** | Threat





Pushing Further Assessment

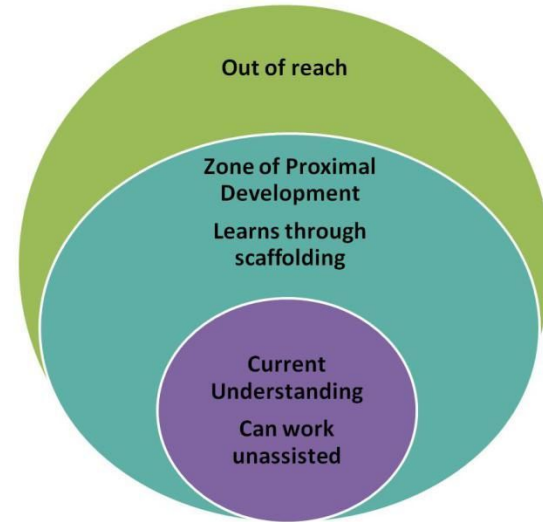
S | Strength
W | Weakness
O | Opportunity
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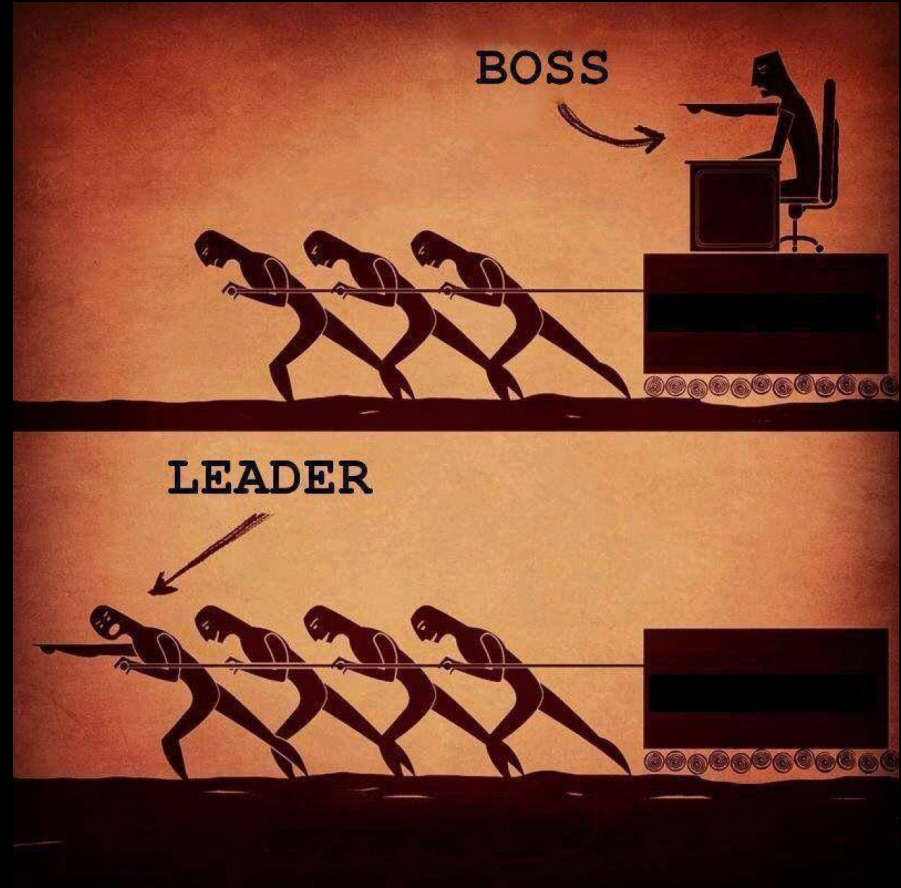
Pushing Further Alignment

Zone of Proximal Development





Pushing Further Leadership Capital



Pushing Further

*"Ever tried. Ever failed.
No matter. Try again. Fail again.
Fail better."*





Pushing Further Support





Pushing Further Support

- **Listen First**





Pushing Further Support

- **Listen First**
- **Right Words at Right Time**





Pushing Further Support

- **Listen First**
- **Right Words at Right Time**
- **Accelerate Learning Process**





Pushing Further Support

- **Listen First**
- **Right Words at Right Time**
- **Accelerate Learning Process**
- **Admit When You're Wrong**



Rules to Live By When It's Gametime





Rules to Live By When It's Gametime

It's Not
About You



Rules to Live By When It's Gametime

It's Not
About You

What Do
They Need



Rules to Live By When It's Gametime

**It's Not
About You**

**What Do
They Need**

**Ask for
Feedback**

Be True to Yourself



Resources

The Art of Communication - Thich Nhat Hanh

Mindset - Carol Dweck

Legacy: 15 Lessons from NZL All Blacks - James Kerr

Above the Line - Urban Meyer

7 Habits of Highly Effective People - Stephen R. Covey

How We Learn - Benedict Carey

The Talent Code - Daniel Coyle

The Culture Code - Daniel Coyle

Top Dog - Po Bronson & Ashley Merryman

Overcoming the 5 Dysfunctions of a Team - Patrick Lencioni

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