Lesson Plan: Template

Instructors:
Class:
Duration (total time for lesson):
Weather:

Connecting to Prior Knowledge and Experiences:

Objective/Goals (3-5):

Student Outcomes:

SkillUp Location (in the App):

Materials:

Reference Materials:

Topic/Focus Skill:

Purpose/Value Statement:

Artful/Scaffolded Questions:

Activities (each activity should have a time associated with it):
- Chalk Talk:
- **Land Drill:**
  - Skill-based
  - Land-based

- **Instructor Demo (Dockside Demo):**

- **Student Practice (Water Activity) use a diagram as needed**

- **Debrief**

**Lesson Plan Reflection/Notes:**
How did I do teaching?
How did the lesson go?
What the students need to work on more?