

Lesson Plan: Template



Instructors:

Class:

Duration (total time for lesson):

Weather:

Connecting to Prior Knowledge and Experiences:

Objective/Goals (3-5):

Student Outcomes:

SkillUp Location (in the App):

Materials:

Reference Materials:

Topic/Focus Skill:

Purpose/Value Statement:

Artful/Scaffolded Questions:

Activities (each activity should have a time associated with it):

- Chalk Talk:

- Land Drill:
 - Skill-based
 - Land-based

- Instructor Demo (Dockside Demo):

- Student Practice (Water Activity) *use a diagram as needed*

- Debrief

Lesson Plan Reflection/Notes:

How did I do teaching?

How did the lesson go?

What the students need to work on more?