



 **U.S. JUNIOR WOMEN'S
DOUBLEHANDED
CHAMPIONSHIP**



for the Ida Lewis Trophy
Organized Authority: US Sailing
Supported by the C. Thomas Clagett Jr. Trust
National Sponsors: Sperry and Zim Sailing
Host: San Diego Yacht Club



July 19 - July 24, 2019



Sailing Instructions

1 RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing 2017-2020, and the Prescriptions of US Sailing. Applicable Prescriptions will be posted on the Official Notice Board.
- 1.2. The following documents will apply:
US Sailing Regulation 10; The US Sailing Championships Code of Conduct; The Conditions for The United States Junior Women's Singlehanded Championship and Junior Women's Doublehanded Championship; The US Sailing SafeSport Program Handbook; and The US Sailing Coaching and Support Boat Policy. This is a Grade 2 Coaching event.
- 1.3 RRS 40 is changed so that each competitor shall wear a USCG approved life jacket that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. [DP]
- 1.4. RRS 60.1(a) is changed to add: "nor may she protest another boat for an alleged breach of any class rule other than class equipment measurement rules."
- 1.5 RRS 77 – identification on Sails is changed so that a boat is not required to display national letters. However, competitors shall be required to comply with applicable class sail numbering rules. [NP][DP]
- 1.6 RRS 64.1 is changed to allow the protest committee to impose penalties for hearings held under RRS 60.3. Such penalties may range in severity from a reprimand to a dismissal from the regatta.
- 1.7 The notation "[DP]" in a rule in this NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification and may range from a reprimand to a dismissal from the regatta.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the bay side of the San Diego Yacht Club Malin Burnham Sailing Center building. Notices will also be posted on the US Sailing website: <https://www.ussailing.org/competition/championships/2019-u-s-junior-womens-doublehanded-championship/>
- 2.2 All questions to the race committee, protest committee, or organizing authority must be made in writing and will be posted and answered on the official notice board.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 1900 on the

day before it will take effect.

- 3.2 Oral changes to the SIs may be given on the water. The RC signal boat shall display code flag "L" and competitors shall approach the signal boat and receive the oral change while code flag "L" is displayed in accordance with RRS 90.2(c).

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the San Diego Yacht Club RC vessel Corinthian, located on C-Dock.
- 4.2 Code flag "L", when displayed ashore signifies that a change in the SIs or other notice to competitors has been posted on the official notice board.
- 4.3. When flag "AP" is displayed ashore, the warning signal for the next race will be made not less than 60 minutes after AP is lowered. This changes RRS Race Signals.

5 SCHEDULE OF RACES

- 5.1 The racing days are scheduled as July 22-24. Mandatory racing clinics will be held July 20-21.
- 5.2 The goal is to hold 3-4 races per day, with a maximum of 10 races for the series. 3 races are required to be completed to constitute a series.
- 5.3 The scheduled time of the warning signal for the first race each day is 1100. Tows will be made available in the Star Hoist Area and La Playa turning basin and will depart at 0930 on each racing day.
- 5.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 5.5 On the last scheduled day of racing no warning signal will be made after 1400.
- 5.6 Flag A displayed, with no sound, while boats are finishing means "No more racing today."

6 CLASS FLAGS

Class flags will be:

<u>Class</u>	<u>Flag</u>
29er	pink
420	lime green

7 RACING AREAS

The Racing area will be in the Coronado Roads, approximately 1.8 NM from light "Z" on Zuniga Jetty, heading at 100omag.

8 THE COURSES

- 8.1 The diagrams in the attached Course Chart show the courses, including the order in which marks are to be passed and the side on which each mark is to be left.
- 8.2 No later than the warning signal, the race committee signal vessel will display the approximate compass bearing and distance of the weather mark.

9 MARKS

- 9.1 Marks 1, 2s, 2p will be red cones. Mark 1A will be a yellow tetrahedron.
- 9.2 New marks, when used as described in SI 11, will be orange tetrahedrons.
- 9.3 The start mark will be a white cylinder. The finish mark will be an orange tetrahedron.

10 THE START

- 10.1 Races will be started by using RRS 26.
- 10.2 The starting line will be between a staff displaying an orange flag on the signal boat and the course side of the port-end starting mark, as described in SI 9.3.
- 10.3 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races. [DP]
- 10.4 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 10.5 In the event a boat(s) is scored OCS, UFD, or BFD, the RC will display her recall number on a white board on the signal boat. This is a courtesy only and failure of the RC to make this posting shall not be grounds for redress.

11 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

12 THE FINISH

The finishing line will be between a staff displaying an orange flag on a RC vessel and the course side of a Mark as illustrated on the Course Chart.

13 PENALTY SYSTEM

- 13.3 Appendix P will apply, as changed by SI 13.4.
- 13.4 RRS P2.3 will not apply, and RRS P2.2 is changed so that it will apply to any penalty after the first one.

14 TIME LIMITS AND TARGET TIMES

- 14.1 Time limits and target times are as follows:

<u>Class</u>	<u>Time Limit</u>	<u>Mark 1 time limit</u>	<u>Target time</u>
29er	60 min	20 min	30 min
420	90 min	30 min	45 min

If no boat has passed Mark 1 within the Mark 1 time limit, the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

- 14.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored DNF without a hearing. This changes RRS 35, A4 and A5.

15 PROTESTS AND REQUESTS FOR REDRESS

- 15.1 Protest forms will be available at the protest desk in front of the Dockside Room.
- 15.2 The protest time limit is 45 minutes after the RC Signal boat docks.
- 15.3 Notices will be posted no later than 15 minutes after the expiration of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Protest hearings will be conducted in the Dockside Room as soon as possible and in the approximate order in which they were filed.
- 15.4 Notice of PC actions for RRS 42 will be posted on the official notice board.
- 15.5 Notice of protest by the RC or PC will be posted to inform boats under RRS 61.1(b).
- 15.6 On the last day of racing, a request for redress based on a PC decision or scoring error shall be delivered within the protest time limit or within 30 minutes of the decision or results being posted, whichever is later. This changes RRS 62.2.

- 15.7 It is each boat's sole responsibility to check the notice board at SDYC promptly after the end of protest filing time to see if she is cited in a protest. Should any party fail to appear when called for a hearing, the PC may proceed in accordance with RRS 63.3(b).
- 15.8 Representatives of boats who are parties to hearings and their witnesses shall remain on call in the vicinity of the protest desk until excused by the PC
- 15.9 Breaches of SIs 10.3, 17, 18, 20 will not be grounds for a protest by a boat. This changes RRS 60.1(a).

16 SCORING

- 16.1 The Low Point System of Appendix A will apply.
- 16.2 Three (3) races are required to be completed to constitute a series.
- 16.3 (a) When fewer than 6 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 6 to 10 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

17 SAFETY REGULATIONS

- 17.1 Check-Out and Check-in: Prior to the warning signal of the first race she sails each day, each boat shall sail on starboard tack past the stern of the Signal Boat, and shall hail her sail number until acknowledged by the RC. [DP]
- 17.2 A boat that retires from a race shall notify the race committee as soon as possible before leaving the race course, or, when that is impossible, immediately after arrival ashore. Competitors shall not sail from the venue back to San Diego Yacht Club without a safety and/or RC escort. [DP]
- 17.3 RRS 40 is changed so that each competitor shall wear a USCG approved life jacket that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. A violation of this Instruction may be protested by race officials or a competitor; however an inadvertent and momentary breach of this instruction may receive a penalty less than disqualification at the discretion of the protest committee. This changes rule 64.1. [DP]

18 REPLACEMENT OF CREW OR EQUIPMENT

- 18.1 (a) If a sailor other than the helm cannot continue due to sickness, accident or other emergency, a replacement sailor may, with the prior written approval of the representative of the Organizing Authority on site, be substituted for one or more of the races.
(b) If the event is an early acceptance event for the 2020 Youth Championship, the substitution shall be permanent for the team moving forward.
(c) The substituted sailor shall meet all eligibility requirements and shall be very close in weight to the substituted sailor. The representative of the Organizing Authority on site will have sole authority for determining whether the reason for substitution and the proposed sailor are acceptable.
- 18.2 Substitution of damaged or lost equipment will not be allowed unless authorized in writing by the representative of the Organizing Authority on site. Requests for substitution shall be made to the representative of the Organizing Authority on site at the first reasonable opportunity. [DP]
- 18.3 The representative of the Organizing Authority onsite during clinic days will be the US Sailing Youth Development Manager. The representative of the Organizing Authority onsite during racing days will be the National Chair of the US Sailing Jr. Women's Championships

Committee.

19 EQUIPMENT AND MEASUREMENT CHECKS

Each boat shall comply with the equipment measurement rules of the Club 420 and 29er classes and may be inspected for compliance at any time during the regatta at the discretion of the Organizing Authority. [DP]

20 EVENT ADVERTISING

Boats may be required to display advertising chosen and supplied by the Organizing Authority as outlined in World Sailing Regulation 20. [DP]

21 SUPPORT & COACH BOATS

21.1 This is a Grade 2 event as defined in the US Sailing Coaching and Support Boat Policy. US Sailing coaches will be supplied. No private/team coach boats are permitted.

21.2 Instructors, personal coaches and other support personnel and family members shall not go afloat in the defined racing area at any time during the clinic or racing days, except in spectator boats as defined in SI 21.6.

21.3 Outside contact with competitors is prohibited on clinic and racing days commencing with the competitor's arrival at San Diego Yacht Club each day and shall continue until the National Coach dismisses the competitors on clinic days and until the Chief Judge releases the competitors on race days.

21.4 Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing), including use of electronic communication devices, while at the sailing venue during the clinic and regatta days. It is the intent of this Sailing Instruction to prohibit contact between competitors and any person who, in the opinion of the Protest Committee, is a coach, instructor, or advisor.

21.5 The coaches supplied by US Sailing will offer individual on-the-water instruction and group commentary/advice on land following each racing day. This coaching will be given to all competitors on as much an equal basis as possible.

21.6 Parents and spectators are invited to spectate on July 24, 2019, the last day of racing. A spectator boat may be available for the last day of racing via sign-up at San Diego Yacht Club.

22 TRASH DISPOSAL

Trash may be placed aboard support or official boats.

23 ELECTRONIC COMMUNICATION

A competitor shall not send or receive electronic communications from the time her electronic device is collected by a US Sailing Coach at San Diego Yacht Club each day until the National Coach dismisses the competitors on clinic days and until the Chief Judge releases the competitors on race days. [DP]

24 PRIZES

24.1. US Sailing Championship medals will be awarded to competitors who finish first through fifth in each division.

24.2. Prizes will be awarded to competitors finishing in the top three (3) places in each event.

24.3. The Ida Lewis Trophy is the perpetual trophy presented to the winning team of the Club 420 division. The Ida Lewis Trophy remains on permanent display at the Ida Lewis Yacht Club in

Newport, RI.

- 24.4. The C. Thomas Clagett Jr. Sportsmanship Prize will be awarded to a team or competitor based on the results of the competitors' ballots.

25 RISK, DISCLAIMER OF LIABILITY & PERSONAL CONDUCT

- 25.1 Competitors participate in the regatta at their own risk. See RRS 4 (Decision to Race). The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 25.2 The competitor will accept full responsibility for all her actions during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 25.3 All competitors are expected to maintain the highest levels of conduct throughout the entire event. Enforcement of discipline and conduct shall be conducted as per RRS 69.1, the US Sailing Championships Code of Conduct, and/or the policies and procedures of US Sailing, including US Sailing Regulation 10.
- 25.4 Competitors are considered to be attending the Championship from the moment that they arrive at San Diego Yacht Club until they leave San Diego Yacht Club for home or the airport.
- 25.5 Per US Sailing Regulation 10.03 – Prohibited Substances, no competitor shall use or possess, either on or off the water, marijuana or any other substance if possession is illegal under state or federal law, or any alcoholic beverages. This regulation shall be in effect from date and time of arrival through date and time of departure from San Diego Yacht Club and including transport to and from San Diego Yacht Club. An alleged breach of one of the regulations contained in US Sailing Regulation 10 shall not be grounds for a protest. However, when the Protest Committee believes that a competitor may have breached one of the regulations contained in US Sailing Regulation 10, it shall follow the process described in the US Sailing Championships Code of Conduct. If a competitor is found to have breached one of the elements within the Code of Conduct, she shall be excluded from the remaining races of the series and, where applicable, removed from the regatta and sent home. The competitor's boat shall be disqualified from all races of the series.

26 FURTHER INFORMATION

- 26.1 For further information, please contact:
- US Sailing Junior Women's Championships Committee Chair: Yolanda Cortes Mares, ymares@earthlink.net
- US Sailing: championships@ussailing.org
- Event Co-Chairs: Mary Brigden, mary.brigden@gmail.com, and Richelle Brown, latitude19@mac.com
- Principal Race Officer: Becky Ashburn, Rebecca.ashburn5@gmail.com
- Chief Judge: Mike Dawson, mwd571@gmail.com
- Host Club: San Diego Yacht Club, 1011 Anchorage Ln., San Diego, CA 92106
(619) 221- 8400



U.S. JUNIOR WOMEN'S DOUBLEHANDED CHAMPIONSHIP

Course Chart

#	Marks	#	Marks
4	Start, 1, 2p/2s, 1, Finish	3	Start, 1, 2p/2s, Finish
6	Start, 1, 2p/2s, 1, 2p/2s, 1, Finish	5	Start, 1, 2p/2s, 1, 2p/2s, Finish
8	Start, 1A, 2p/2s, 1A, Finish	7	Start, 1A, 2p/2s, 1A, 2p/2s, Finish
10	Start, 1A, 2p/2s, 1A, 2p/2s, 1A, Finish	9	Start, 1A, 2p/2s, 1A, 2p/2s, Finish

Marks 1 and 1A shall be left to port.

