Policy Name: Gender Identification Interim Policy
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The following document outlines the US Sailing Gender Identification Interim Policy. These guidelines are outlined as part of the US Sailing regulations as well.

US Sailing Gender Identification Interim Policy:

A. Sailors competing in an event sanctioned by the IOC, USOC and/or World Sailing, or by an intercollegiate, interscholastic or military sanctioning body, are governed by the transgender policy or policies, if any, promulgated by the sanctioning authority for such event.

B. Sailors 18 years of age or above competing in an event not included in Section A, including US Sailing Championships (unless it is, or is a qualifier for, an event in Section A), may self-identify and compete as his/her identified gender, provided the sailor’s gender in his/her “everyday life” matches his/her racing gender and at least one of the following criteria is satisfied:
   a. The sailor has obtained civil documents with his or her racing gender identified (i.e. state I.D., driver’s license, birth certificate);
   b. The sailor has an attestation of gender identity from a licensed medical professional;
   c. The sailor has an attestation of gender identity from a licensed clinical psychologist; or
   d. The sailor has demonstrated compliance with IOC guidelines for eligibility to compete as his/her chosen racing gender.

C. Sailors under the age of 18 competing in an event not included in Section A, including US Sailing Championships (unless it is, or is a qualifier for, an event included in Section A), may self-identify and compete as the gender that s/he identifies with in his/her “everyday life”.

D. In the event a petition is lodged challenging a sailor’s eligibility to participate as a particular gender in any event not sanctioned by the IOC, USOC and/or World Sailing, such sailor, if s/he is 18 years of age or above, may be required to provide, in the course of proceedings involving such petition, supporting documentation reflecting compliance with at least one of the criteria set forth in Section B above. Any minor athlete involved in such a proceeding may be required to provide an attestation of gender identity from a parent or legal guardian. A sailor may, at his/her option, seek advance confirmation of his or her eligibility to participate in a particular event as a particular gender by submitting documentation reflecting compliance with at least one of the criteria set forth in Section B above to the organizing authority in advance of the event. The foregoing provision shall be interpreted as authorizing, but not requiring, that an organizing authority provide advance confirmation to a competitor of his/her eligibility to participate as a particular gender.