



 **U.S. JUNIOR WOMEN'S
DOUBLEHANDED
CHAMPIONSHIP**



for the Ida Lewis Trophy

Organizing Authority: US Sailing

Supported by the C. Thomas Clagett Jr. Trust

National Sponsors: Sperry and Zim Sailing

Host: San Diego Yacht Club



SPERRY
Since 1935

July 19 - July 24, 2019



NOTICE OF RACE

Posted March 1, 2019

1. Rules

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The following documents will apply:
 - 1.2.1. [US Sailing Regulation 10](#)
 - 1.2.2. [U.S. Junior Women's Championships Conditions](#) and [US Sailing Championship Conditions](#).
 - 1.2.3. [US Sailing Championship Support Vessel Policy](#)
- 1.3. RRS 40 is changed so that each competitor shall wear a USCG approved life jacket that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. (US Sailing Regulation 10) A violation of this instruction may be protested by race officials or a competitor; however an inadvertent and momentary breach of this instruction may receive a penalty less than disqualification at the discretion of the protest committee. This changes rule 64.1. [DP]
- 1.4. RRS 60.1(a) is changed to add: "nor may she protest another boat for an alleged breach of any class rule other than class equipment measurement rules;"
- 1.5. The notation "[DP]" in a rule in this NoR means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification and may range from a reprimand to a dismissal from the regatta.

2. ADVERTISING

Boats may be required to display advertising chosen and supplied by the Organizing Authority as outlined in World Sailing Regulation 20. [DP]

3. EVENTS

The regatta will include the following fleets utilizing the following class compliant equipment:
Doublehanded Dinghy – Club 420 with spinnaker and trapeze
Doublehanded Dinghy – 29er

4. ELIGIBILITY

- 4.1. Competitors shall be females who have reached their 13th birthday but not their 19th birthday during the calendar year in which the event is held.
- 4.2. Competitors must be individual or family members, all in good standing, of US Sailing at the time of registration and the event.
- 4.3. Competitors must be eligible to compete under the laws, regulations, policies and rules of USOC or its affiliated organizations.
- 4.4. Competitors shall be U.S. citizens. Proof of citizenship must be provided if requested by the Organizing Authority

5. REGISTRATION and ENTRY

- 5.1. Registration will open on March 1, 2019.
- 5.2. Registrations shall be submitted online no later than midnight ET June 19, 2019.
- 5.3. Registration may only be made by completing the online registration at:
<https://www.ussailing.org/competition/championships/2019-u-s-junior-womens-doublehanded-championship/> (the "Event Website").
- 5.4. This championship is capped at 40 boats: thirty (30) in the Club 420 fleet and ten (10) in the 29er fleet. Entries over that number will be placed on a waiting list. If there is a waitlist for one fleet, any unused spots at the end of the registration period (June 19) will be reallocated to the other fleet. Registration will open for those on the waiting list in the order received.
- 5.5. A fleet shall have a minimum of five (5) boats registered as of end of day May 15th, or that fleet will be dropped from the championship. Competitors will be notified and offered the opportunity to sail in the other fleet. If they choose not to race in the other fleet, they will be refunded their entry fee.
- 5.6. The entry fee is \$350 per competitor which includes housing, coaching, daily transportation to and from the host club, meals and entertainment.
- 5.7. The entry fee shall be paid by credit card online at the time of registration.
- 5.8. No refunds of the entry fee will be made after June 19, 2019.
- 5.9. To be considered an entry in the regatta, a boat shall complete all registration and pay all fees by the deadline stated in NoR 5.2 and complete required waivers, code of conduct and releases by the start of the event.
- 5.10. Sailorships for travel expenses are available for this event. Applications for eligible sailors can be found at: <https://www.ussailing.org/competition/youth-sailing/youth-championships/sailorships-financial-aid-for-junior-sailors/>

6. CREW CHANGES

- 6.1. Once a team's entry is accepted for an area qualifier or championship, and before the beginning of the event, substitution of team members is prohibited except as provided below. Substitution for the helm shall never be permitted. Individual championships may have additional requirements, which shall be listed in their conditions.
 - 6.1.1 Substitution of a team member other than the helm after qualification or acceptance in a championship may be requested for medical reasons or family emergency. Exceptions may be made for unexpected work or school conflicts. Supporting documentation may be requested.
 - 6.1.2 All substitutions shall be adequately explained by the qualified helmsman and are subject to approval by the Organizing Authority.
 - 6.1.3 If the requested substitution is not approved, the eligible team will be accepted.
- 6.2. When an event is in progress:
 - 6.1.1 If a sailor other than the helm cannot continue due to sickness, accident or other emergency, a replacement sailor may, with the approval of the Organizing Authority, be substituted for one or more of the races.
 - 6.1.2 If the event is a qualifier for a national championship, the substitution shall be permanent for the team moving forward.
 - 6.1.3 The substituted sailor shall meet all eligibility requirements and shall be very close in weight to the substituted sailor. The representative of the Organizing Authority will have sole authority for determining whether the reason for substitution and the proposed sailor are acceptable.

7. HOUSING

- 7.1. Housing is provided and is required for all competitors.
- 7.2. A local competitor may be permitted to stay at her own home if she can house at least one other



competitor. This request must be made in advance to the US Junior Women's Championships Committee Chair.

8. CHARTERS

- 8.1 For the Club 420 fleet, charters will be made available for competitors who do not wish to bring their own boat. The official c420 charter provider, Zim Sailing. Competitors wishing to charter should coordinate directly with Zim through their website (<http://www.zimsailing.com/charters/default.aspx>) or email (charters@zimsailing.com).
- 8.2 For the 29er fleet, a limited number of charter boats may be available for the event. Charter information will be posted on the Event Website.
- 8.3 Charter agreements are between a competitor and the charterer.

9. PRELIMINARY SCHEDULE (subject to change)

- 9.1 **Early/ late arrivals and/or departures are not permitted.** Permission for any exceptions must be requested to the US Junior Women's Championships Committee Chair at least two weeks in advance and will only be granted for extenuating circumstances.
- 9.2 If sailors are flying and considered as unaccompanied minors by the airline, they must notify the Event Chair at least two weeks prior to the event so that airport pickup details can be coordinated with the airline.
- 9.3 Competitors arriving by air are required to fly into and out of San Diego Airport (SAN). Any exceptions must be requested from the US Junior Women's Championships Committee Chair at least two weeks in advance and will only be granted if there are extenuating circumstances and if appropriate transportation and adult supervision is arranged by the competitor.
- 9.4 Transportation will be provided to and from San Diego Airport (SAN).
- 9.5 Additional travel details will be provided in the Welcome Letter.
- 9.6 Mandatory Participation Required:
 - 9.6.1. A two-day mandatory clinic will be held preceding the championship. The clinic will familiarize the competitors with the local conditions and probable race course. Coaches for the clinic will be hired by US Sailing. Permission to miss the clinic shall be requested in advance and a response from the US Junior Women's Championships Committee Chair obtained in advance. Permission will only be granted for extenuating circumstances.
 - 9.6.2. Participation in all meals and regatta events is mandatory.
 - 9.6.3. Attendance at the Awards Ceremony is mandatory for all competitors. Competitors may depart the event after the Awards Dinner with a parent or guardian at **approximately 1800.**

9.7

Friday, July 19	1400 – 1800	On-Site Check-In for competitors
	1700	Dinner
Saturday, July 20	0800 - 0900	Breakfast
	0900 – 1600	Clinic
	1700	Dinner
Sunday, July 21	0800 - 0900	Breakfast
	0900 – 1600	Clinic
	1700	Dinner


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Monday, July 22	0800 - 0900	Breakfast
	1100	Warning signal for first race of the day; subsequent races to follow
	1700	Dinner
Tuesday, July 23	0800 - 0900	Breakfast
	1100	Warning signal for first race of the day; subsequent races to follow
	1700	Dinner
Wednesday, July 24	0900	Breakfast
	1100	Warning signal for first race of the day; subsequent races to follow
	1400	No Warning Signal after 1400 Awards Ceremony and Dinner following racing

10. MEASUREMENT

- 10.1 Each boat shall comply with the equipment measurement rules of the Club 420 and 29er classes and may be inspected for compliance at any time during the regatta at the discretion of the Race Committee. [DP]
- 10.2 Personal flotation devices will be checked at registration for compliance with NoR 1.3.

11. SAILING INSTRUCTIONS

Sailing Instructions will be posted on the event website and will be available at registration.

12. VENUE

The regatta will be sailed at a location launched from San Diego Yacht Club. The racing area will be approximately 1 NM southeast of Zuniga Jetty in the area known as the Coronado Roads.

13. BERTHING

Early arrival at the venue will not be permitted.

14. PENALTY SYSTEMS

Appendix P – Special Procedures for Rule 42 will apply.

15. SCORING

- 15.1. The Low Point System of Appendix A will apply.
- 15.2. Three (3) races are required to be completed to constitute a series.
- 15.3. When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores.

- 15.4. When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 15.5. Ten (10) races are scheduled.

16. SPECTATORS

Parents are invited to spectate on the last day of racing. A spectator boat may be available via sign-up at the venue.

17. COACHING [DP]

- 17.1. This is a Grade 2 Event as defined in the US Sailing Championship Support Vessel Policy.
- 17.2. Instructors, personal coaches and other support personnel and family members shall not go afloat in the defined racing area at any time during the clinic or racing days, except in spectator boats as defined in NoR 16.
- 17.3. Outside contact with competitors is prohibited on clinic and racing days commencing with the competitor's arrival at the host club and shall continue until dismissed by the National Coach each day.
- 17.4. Outside contact is defined as a contact by a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing), including electronic, voice or data communication, while at the sailing venue during the clinic and racing days. The representative of the Organizing Authority will have sole authority for determining whether the reason for any electronic communication, voice, or data transmission, by a competitor is acceptable. [DP]
- 17.5. The coaches hired by US Sailing will offer individual on-the-water instruction and group commentary/advice on land following each racing day. This coaching will be given to all competitors on as much an equal basis as possible.

18. EQUIPMENT

- 18.1. The only gear, rigging, or equipment that a competitor may take aboard a boat is: a refillable water bottle, class-legal compass, flags, plastic bucket or bailer, normally equipped ditty-bag, personal effects, PFDs, protective clothing, trapeze harness and a tow line. [DP]
- 18.2. C420 competitors are required to bring their own 26-foot tow line. [DP]
- 18.3. 29er competitors are required to bring their own 29-foot tow line. [DP]
- 18.4. GPS devices of all varieties, styles and combinations are specifically banned.

19. PROHIBITED SUBSTANCES (US Sailing Regulation 10)

- 19.1. For Junior and Youth events or for junior or youth competitors in any US Sailing championship, no participant or competitor shall use or possess, either on or off the water:
 1. marijuana or any other substance if possession is illegal under state or federal law; or
 2. any alcoholic beverages.
- 19.2. An alleged breach of this requirement shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached the above requirement, it shall follow the process described in Championships' Code of Conduct.

20. CONDUCT OF COMPETITORS

- 20.1. All competitors are expected to maintain the highest levels of conduct throughout the entire event.
- 20.2. Enforcement of discipline and conduct will be conducted as per the Racing Rules of Sailing (RRS 69.1) and the policies and procedures of US Sailing.
- 20.3. The curfew of the competitors shall be 2100.



- 20.4. Competitors are not permitted to drive any vehicle, including their own, during the event. Competitors who drive themselves to the host club shall leave their vehicle at their host family's home for the duration of the event.

21. PRIZES

- 21.1. US Sailing Championship medals will be awarded to competitors who finish first through fifth in each fleet.
- 21.2. Prizes will be awarded to competitors finishing in the top three (3) places in each fleet.
- 21.3. The Ida Lewis Trophy is the perpetual trophy presented to the winning team of the Club 420 fleet. The Ida Lewis Trophy remains on permanent display at the Ida Lewis Yacht Club in Newport, RI.
- 21.4. The C. Thomas Clagett Jr. Sportsmanship Prize will be awarded to a team or competitor based on the results of the competitors' ballots.

22. FURTHER INFORMATION

- 22.1 For further information please contact:
US Junior Women's Championships Committee Chair: Yolanda Cortes Mares, ymares@earthlink.net
US Sailing: championships@ussailing.org
Event Chairs: Mary Brigden, mary.brigden@gmail.com, and Richelle Brown, latitude19@mac.com
PRO: Becky Ashburn, Rebecca.ashburn5@gmail.com
Host Club: San Diego Yacht Club, 1011 Anchorage Ln, San Diego, CA 92106
- 21.2 All official applications, notices, forms, lists and results will be posted at the Event Website:
<https://www.ussailing.org/competition/championships/2019-u-s-junior-womens-doublehanded-championship/>