



Leadership Secrets Of the World's Greatest Coaches

PRESENTED BY **Coach Reed Maltbie**

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3 QUESTIONS TO ASK YOURSELF

- 1. WHY DO I COACH?**
- 2. WHY DO I COACH THE WAY I COACH?**
- 3. HOW DOES IT FEEL TO BE COACHED BY ME?**

***LIST THE 5 QUALITIES
OF YOUR BEST
COACH OR TEACHER***



Coach Inspire
Motivate Vision
Success
Teamwork Win
Lead by Example
Mentor

WHAT ATHLETES WANT FROM US...



RESPECT AND ENCOURAGEMENT
POSITIVE ROLE MODEL
CLEAR, CONSISTENT COMMUNICATION
KNOWLEDGE OF THE GAME
SOMEONE WHO LISTENS



WHAT ATHLETES WANT FROM US...



CONNECTION



Source: <http://youthreport.projectplay.us>

#1 Positive Team Dynamics

#2 Trying Hard

#3 Positive Coaching

#4 Learning and Improving

#5 Game Time Support

#6 Games

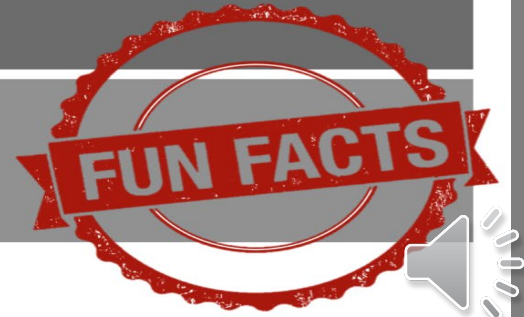
#7 Practice

#8 Team Friendships

#9 Mental Bonuses

#10 Team Rituals

#11 Swag



WHAT IS “QUALITY COACHING?”

**USOC
Quality
Coaching**

**Essential Coaching
Knowledge**

**Athlete-Centered
Outcomes**

Contextual Fit

WHAT IS “QUALITY COACHING?”

Athlete outcome	Description
Competence	Sport-specific technical, tactical and performance skills; overall health, fitness and physical well-being
Confidence	Self-belief, resilience, mental toughness and sense of positive self-worth
Connection	Interpersonal skills, ability to build and sustain meaningful and positive relationships
Character	Respect for the sport and others, integrity, self-discipline, and ethical and moral decision making

A photograph of a crowd of people, likely at a school event, with many hands raised in the air. A semi-transparent red rectangular box is overlaid on the center of the image, containing white text. In the background, a banner with the words 'SCHOOL' and 'SC' is partially visible.

**They don't care how much
you know until they know
how much you care!**



Trust

A photograph of a soccer coach sitting on a grass field, surrounded by a group of young players in a huddle. The coach is wearing a black t-shirt and a cap. The players are wearing white jerseys with orange accents and orange vests. The background shows a residential area with houses and trees.

Competence

Integrity

Caring


Dependable

A background image showing two people on a tennis court. One person, wearing a red shirt and a black cap, is high-fiving another person who is wearing a blue shirt. The scene is outdoors with a tennis court and a building in the background.

Eye Contact

Greeting

High Five

A group of people, likely students, are forming a human pyramid by stacking their hands. The hands are raised in a circular pattern, creating a sense of unity and teamwork. The background is slightly blurred, showing a banner that reads "FARM SCHOOL".

The Power of the Circle of Champions

What Kids Want From A Coach

The answers they gave researchers

1. RESPECT AND ENCOURAGEMENT
2. POSITIVE ROLE MODEL
3. CLEAR, CONSISTENT COMMUNICATION
4. SOMEONE WHO LISTENS

Communication

Clear Communication

Someone Who Listens

A background image showing the backs of several children sitting on a grassy field, looking towards a blurred area in the distance. One child on the right is wearing an orange Under Armour shirt. A person in a red shirt with a 'STAR' patch is partially visible in the center.

Get to athlete's level

No sunglasses

Make eye contact

Ask questions

Talk like a caveman

The Rule of One


The background image shows a soccer field. In the foreground, a man in a yellow long-sleeved shirt and a dark baseball cap is bent over, looking at a soccer ball on the grass. He is wearing yellow and black athletic pants. In the background, a young boy in a red soccer jersey and red shorts is standing next to another soccer ball. A person in a blue long-sleeved shirt is standing with their arms crossed in the background. The scene is outdoors on a grassy field.

One Comment

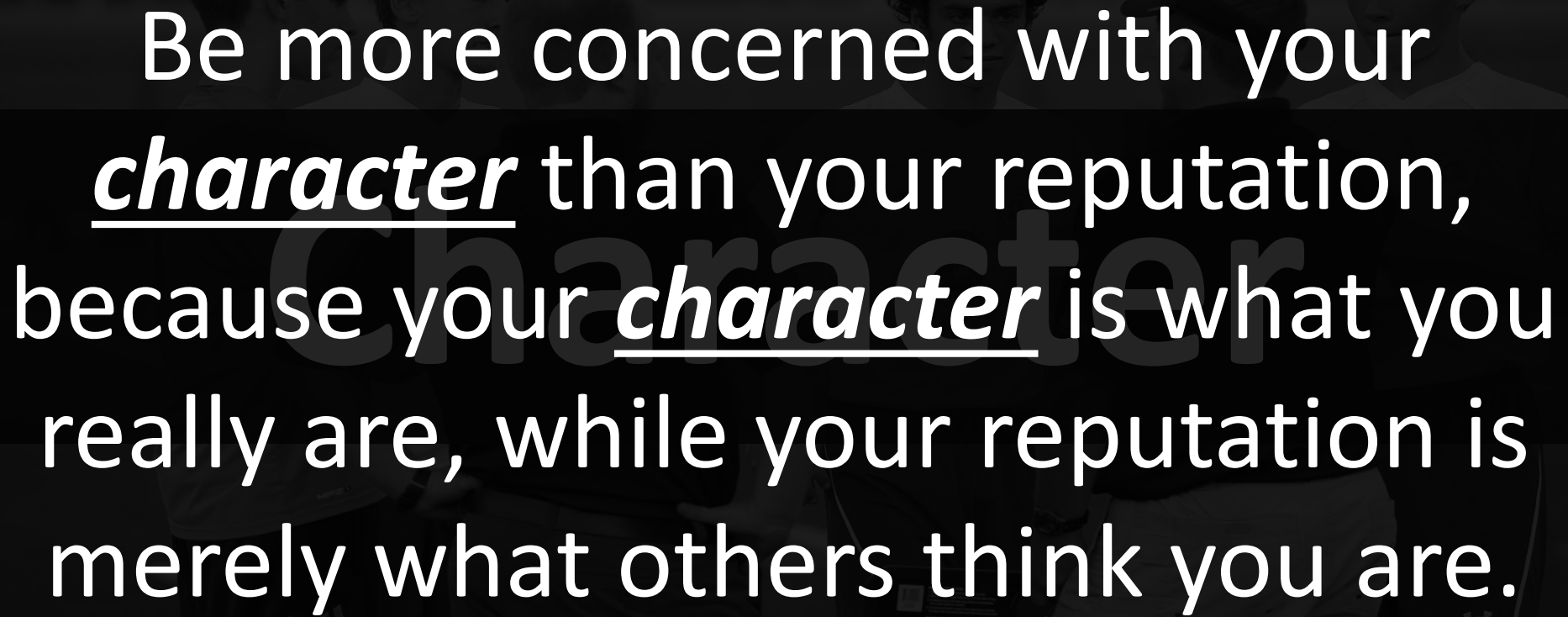
One Person

One Time

**Can Change
their day,
and change
their life.**



“One thing I wish my coaches knew about me that would help him/her coach me better is...”



Be more concerned with your
character than your reputation,
because your *character* is what you
really are, while your reputation is
merely what others think you are.



Bend FC 2005 Girls White Team Values Worksheet

Teamwork
Encourager
Helpful
Sportsmanship
Supportive
Respectful
Great Attitude
Fearless

Communicator
Positive
Focused
Kind
Giving / Caring
Loyal
Hard worker
Listener
Trustworthy

I commit to being the type of teammate described above

Reese Brooklyn Sophia Meredith
Maggie Mia
Ali Gianna Samantha Cassidy
Kirsten Jon Tristan G

Team Values Session

Individual Sheets and Large Board

List of Things from Last Season to Keep Doing

List of Things from Last Season to Stop Doing

3-5 Words/Phrases that Describe a Great Teammate

Define the Values

A black and white photograph of a youth soccer team huddled on a grassy field. The players are wearing dark jerseys with light-colored stripes on the sleeves. They are gathered around a central point, possibly a coach or a player, who is partially visible in the center. The background shows trees and a clear sky.

Be Intentional

Reward/Talk About Them Daily

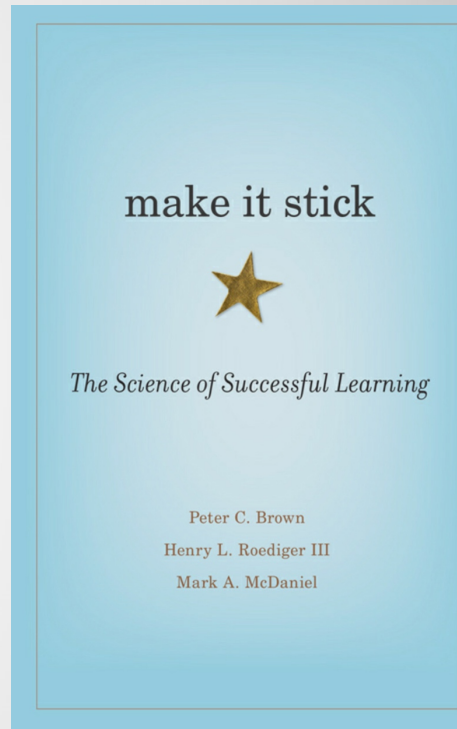
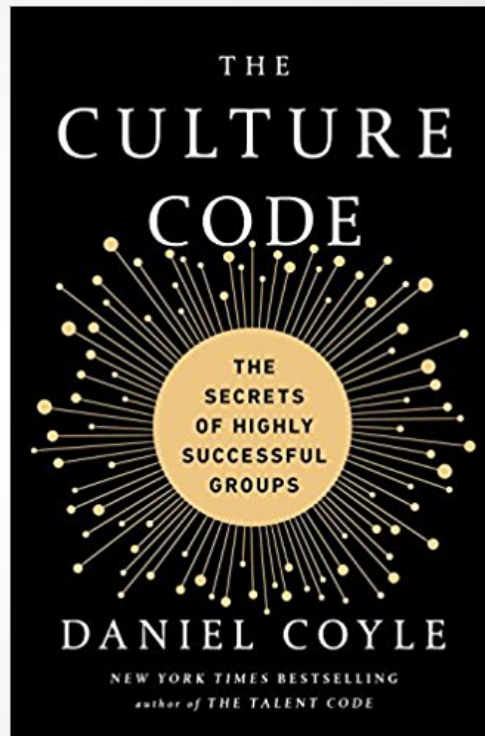
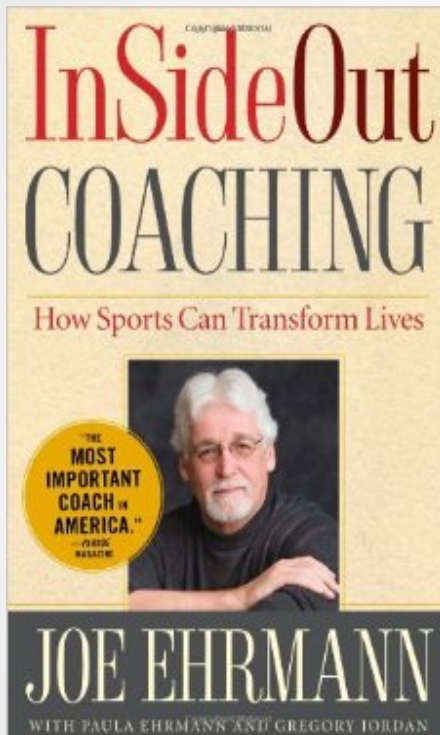
Use Teammate Shout Outs

Give Season Values Awards

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REQUIRED MATERIAL



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