



for the Ida Lewis Trophy



Sponsored by Gill N.A.

Organized Authority: US Sailing

Supported by the C. Thomas Clagett Jr. Trust



Host: Mentor Harbor Yachting Club

July 24 - July 29, 2018

SAILING INSTRUCTIONS

Posted July 26, 2018

The notation [NP] in a rule means, that the rule shall not be grounds for protest by a boat; and [DP] in a rule means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. Rules

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
- 1.2 The following documents shall apply:
 - 1.2.1 US Sailing Regulation 10 - Prohibited Substances. An alleged breach of US Sailing Regulation 10 shall not be grounds for a protest by another boat. However, when a protest committee believes that a competitor may have breached Regulation 10.03 it shall follow the process described in the [Championships Code of Conduct](#).
 - 1.2.2 The [U.S. Junior Women's Championships Conditions](#) and the [US Sailing Championship Conditions](#).
 - 1.2.3 The US Sailing [Championship Coaching and Support Boat Policy](#). This will be a Grade 2 Coaching event.
 - 1.2.4 US Sailing [SafeSport Program Handbook](#)
- 1.3 Appendix P – Special Procedures for Rule 42 shall apply.
- 1.4 RRS 40 will be changed so that each competitor shall wear a USCG approved life jacket that is 100% dependent on foam for flotation and the appropriate size for the sailor, at all times while on the water, except for brief periods while adding or removing clothing. [NP]
- 1.5 RRS 60.1(a) is changed to add: prohibit a boat from protesting another boat for an alleged breach of any class rule other than class equipment measurement rules. [NP]
- 1.6 RRS 77 – Identification on Sails is changed so that a boat is not required to display national letters. However, competitors shall be required to comply with applicable class sail numbering rules. [NP] [DP]
- 1.7 RRS 64.1 is changed to allow the protest committee to impose penalties for hearings held under RRS 60.3. Such penalties may range in severity from a reprimand to a dismissal from the regatta.

2. RECALL NUMBERS [DP] [NP]

Two digit recall numbers will be issued at registration and shall be displayed as per the instructions provided at registration. It is the responsibility of each competitor to properly display the issued number during the regatta.

3. NOTICES TO COMPETITORS

- 3.1 Notices to competitors (including protest notifications) will be posted on the official notice board located on the outside window of the Spinnaker Room.
- 3.2 All questions to the race committee, protest committee, or organizing authority must be made in writing and will be posted and answered on the official notice board.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1 Changes to the SIs will be posted no later than 0900 on the day it takes effect, except that any change to the schedule of races will be posted no later than 1900 the day before a change will take effect.
- 4.2 Oral changes to the SIs may be given on the water. The race committee signal boat shall display code flag "L" and **competitors shall approach the signal boat and receive the oral change while code flag "L" is displayed** in accordance with RRS 90.2(c).

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed from the flagpole on the east side of the main club between the white pool deck tent and the gas dock.
- 5.2 Code flag "L", when displayed ashore signifies that a change in the SIs or other notice to competitors has been posted on the official notice board.
- 5.3 When flag "AP" is displayed ashore, the warning signal for the next race will be made not less than 60 minutes after AP is lowered. This changes RRS Race Signals.

6. SAFETY [DP] [NP]

A boat retiring from a race shall notify any race committee vessel before leaving the course, or, when that is impossible, the pool deck immediately after arrival ashore.

7. SCHEDULE

Tuesday, July 24	1400 – 1800	Registration for competitors
	1800	Dinner
Wednesday, July 25	0800 - 0900	Breakfast
	0900 – 1600	Clinic
	1800	Dinner
Thursday, July 26	0800 - 0900	Breakfast
	0900 – 1600	Clinic
	1800	Dinner
Friday, July 27	0800 - 0900	Breakfast
	0900	Competitors Meeting
	1100	Warning signal for first race of the day; subsequent races to follow

	1800	Dinner
Saturday, July 28	0800 - 0900	Breakfast
	1100	Warning signal for first race of the day; subsequent races to follow
	1800	Dinner
Sunday, July 29	0900	Breakfast
	1100	Warning signal for first race of the day; subsequent races to follow
	1400	No Warning Signal after 1400
		Awards following racing

7.1 10 races are scheduled. The race committee may run fewer races at its discretion.

8. CLASS FLAGS

The class flag will be the Ida Lewis burgee.

9. RACING AREA

The racing area will be Lake Erie, off Mentor Harbor Yachting Club's West Beach.

10. THE COURSES

10.1 The diagrams in Attachment A show the courses, including the order in which marks are to be passed. All rounding marks shall be left to port, except Marks 5S/5P (Trapezoid Courses) and 2S/2P (Windward/Leeward Courses), which are gates.

10.2 The race committee signal boat shall post the course to be sailed by flying the corresponding numerical pennant at least four (4) minutes prior to the warning signal.

10.3 If one of the gate marks is missing, the mark in position will be rounded to port.

11. MARKS

Mark 1	Marks 5S/5P	Starting Line Mark
US Sailing Cylinder	Yellow Tetrahedrons	GILL Cylinder
Marks 2, 3, 4	Marks 2S/2P	Finishing Line Mark
Orange Tetrahedrons	Yellow Tetrahedrons	Red Ball

12. THE START

12.1 Races will be started using RRS 26.

12.2 The starting line will be between a staff displaying an orange flag on the race committee signal boat and the course side of the nearby inflatable mark.

12.3 In the event a boat(s) breaks RRS 30.4, the race committee will display her recall number. This changes RRS 30.4. In addition, the race committee will attempt to post a boat's recall number on the official notice board in the event they are scored as OCS or UFD. This is a courtesy only and failure of the race committee to make this posting shall not be grounds for redress.

12.4 A boat starting later than four (4) minutes after her starting signal will be scored DNS. This changes RRS 35 and A5.

13. COURSE CHANGES

- 13.1 To change the next leg of the course, the race committee will (a) lay a new mark, (b) move the finishing line, or (c) move the leeward gate (original marks). When a new mark is laid, the original mark will be removed as soon as possible. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. All change marks will be yellow cylinders.
- 13.2 The race committee may make minor adjustments in the course without signaling a change of course. This changes RRS 33.

14. THE FINISH

- 14.1 The finishing line will be between a staff displaying an orange flag on the finish line boat and a nearby finish mark as described in SI 11 and as shown in Attachment A.

15. TIME LIMITS (minutes)

Time limit	Mark 1 time limit	Finish window
65	20	15

- 15.1 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.
- 15.2 Boats still racing and failing to finish within 15 minutes after the first boat sails the course and finishes will be scored TLE and will be scored 1 more points than the last finisher in that race. This changes RRS 35, A4.2, A5 and A11.

16. PENALTY SYSTEM

- 16.1 Appendix P will apply as changed by instruction 16.2
- 16.2 Rule P2.3 will not apply and rule P2.2 is changed so it will apply to any penalty after the first one.

17. PROTESTS AND REQUESTS FOR REDRESS

- 17.1 A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of their intention as soon as possible after finishing, identifying the boat(s) being protested. This adds to RRS 61.1(a).
- 17.2 Protest forms will be available at the protest desk in the Spinnaker Room.
- 17.3 The protest time limit is forty five (45) minutes after the race committee finish boat docks.
- 17.4 The protest hearing schedule and the location of the hearings will be posted on the official notice board no later than 30 minutes after the protest time limit.
- 17.5 Notice of actions taken by the race committee (shown in the posted results) or protest committee and a list of boats penalized under Appendix P will be posted on the official notice board. The deadline for requesting redress based on these scores will be either 30 minutes after posting of the penalty notice or the protest time limit, whichever is later. This changes RRS 62.2.
- 17.6 On the last day of the regatta, a request for redress of a protest committee decision or scoring error shall be delivered within the protest time limit or within 30 minutes of the decision or results being posted, whichever is later. This changes RRS 62.2.

18. SCORING

- 18.1 The Low Point System of Appendix A will apply with the following changes:
 - (a) When fewer than five (5) races have been completed, a boat's series score will be the total of

her race scores.

- (b) When five (5) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

18.2 Three (3) races are required to be completed to constitute a series.

19. REPLACEMENT OF CREW OR EQUIPMENT [DP]

Substitution of competitors, or repair or replacement of hulls, sails, or equipment will not be allowed without prior written approval of the organizing authority. [See US Sailing Championship Conditions.](#)

20. COACH, SPECTATOR AND SUPPORT VESSELS [DP] [NP]

20.1 This is a Grade 2 Event as defined in the [Championship Coaching and Support Boat Policy.](#)

20.2 Instructors, personal coaches and other support personnel and family members shall not go afloat in the defined racing area at any time during the clinic or racing days, except in spectator boats as defined in 19.5. Outside contact with competitors is prohibited on clinic and racing days commencing with the competitor's arrival at the host club and shall continue until dismissed by the National Coach each day.

20.3 Outside contact is defined as a parent, family member, spectator, or coach. Competitors shall not receive advice, instruction, or any type of outside assistance (other than that provided by US Sailing) including electronic communication devices while at the sailing venue during the clinic and racing days. It is the intent of this rule to prohibit contact between competitors and any person, who, in the opinion of the Protest Committee, is a coach, instructor or advisor.

20.4 The coaches hired by US Sailing will offer individual on-the-water instruction and group commentary/advice on land following each racing day. This coaching will be given to all competitors on as much an equal basis as possible.

20.5 Parents and spectators are invited to spectate on the last day of racing. A spectator boat is available via sign-up at the venue.

21. DISPOSAL OF TRASH [DP]

Boats shall not purposefully discharge trash into the water.

22. DISCIPLINE [DP] [NP]

22.1 Competitors are considered to be attending the championship from the moment that they arrive at the venue until they leave the venue for home or the airport.

22.2 Per US Sailing Regulations 10.03 B, no contestant shall use, either on or off the water, marijuana or any other substance if possession is illegal under state or federal law; or any alcoholic beverages. This regulation shall be in effect from date and time of arrival through date and time of departure from the locale and including transport to and from the locale. An alleged breach of one of these regulations shall not be grounds for a protest. However, when the protest committee believes that a competitor may have breached one of these regulations, it shall follow the process described in the Championships Code of Conduct. If a competitor found to have breached one of the elements within the Code of Conduct, they shall be excluded from the remaining races of the series and, where practicable, removed from the regatta venue and sent home. The competitor's boat shall be disqualified from all races of the series.

22.3 All competitors are expected to maintain the highest level of conduct throughout the entire

event. RRS 60.3 is modified to permit the protest committee to protest a boat when, from its own observations or a report received from any source, it believes that a competitor may have committed a breach of good manners, or sportsmanship, or may have brought the sport or the event into disrepute. RRS 64.1 is changed to allow penalties for breaking this provision to range from a reprimand to a dismissal from the regatta. For a hearing under this provision, the protest committee shall call the US Junior Women's Championship Committee Chairperson or his or her designee and the Regatta Chairperson as witnesses.

23. PRIZES

- 22.1. US Sailing Championship medals will be awarded to competitors who finish first through fifth.
- 22.2. Keeper trophies will be awarded to competitors finishing in the top three (3) places.
- 22.3. The Ida Lewis Trophy is the perpetual trophy presented to the winner which remains on permanent display at US Sailing.
- 22.4. The C. Thomas Clagett Jr. Sportsmanship Prize will be awarded to a competitor based on the results of the competitors' ballots.

24. RISK, DISCLAIMER OF LIABILITY & PERSONAL CONDUCT

- 23.1 Competitors participate in the regatta at their own risk. See RRS 4 (Decision to Race). The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 23.2 The competitor will accept full responsibility for all his/her actions during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 23.3 All competitors are expected to maintain the highest levels of conduct throughout the entire event. Enforcement of discipline and conduct shall be conducted as per RRS 69.1, the Championships Code of Conduct and/or the policies and procedures of US Sailing (Regulation 15.01).

FURTHER INFORMATION

For further information please contact:

US Junior Women's Championships Committee Chair: Yolanda Cortes Mares, ymares@earthlink.net

US Sailing Youth Development Manager, Meredith Carroll, US Sailing, 1 Roger Williams University Way, Bristol, RI 02809, (401)342-7900, or championships@ussailing.org

Event Chair: Kathy Allyn, Kathyallyn@gmail.com

Host Club: Mentor Harbor Yachting Club, 5330 Coronada Drive, Mentor, Ohio 44060

All official applications, notices, forms, lists and results will be posted at the Event Website:

<https://www.ussailing.org/competition/championships/u-s-junior-womens-doublehanded-championship/>

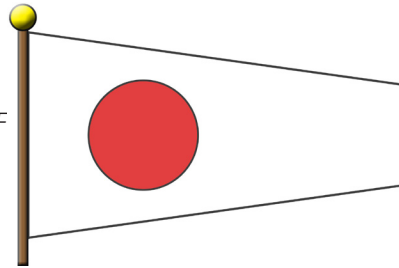
Attachment A - Course Diagrams



U.S. JUNIOR WOMEN'S
DOUBLEHANDED
CHAMPIONSHIP

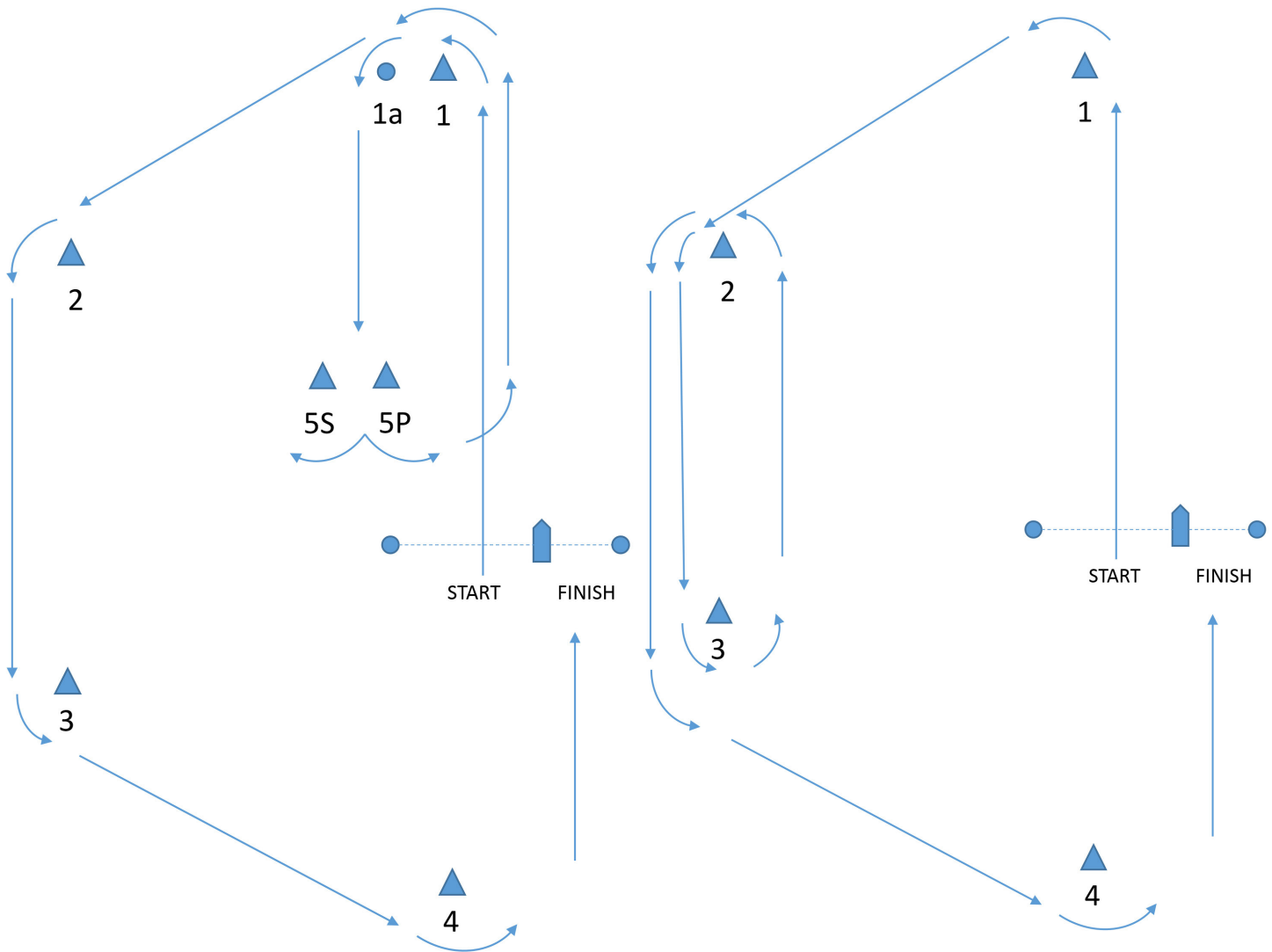
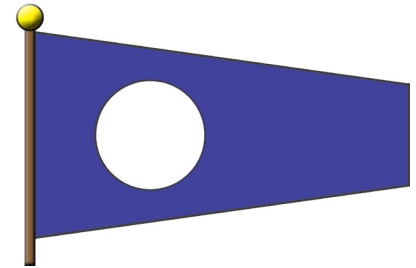
Course 1

S-1-1a-5P/S-1-1a-2-3-4-F



Course 2

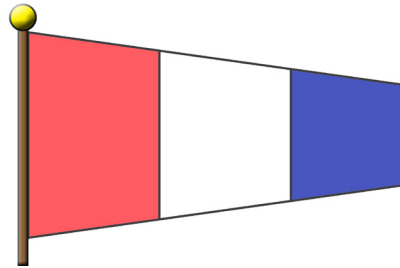
S-1-2-3-2-3-4-F



Attachment A (continued)

Course 3

S-1-2-3-4-F



Course 4

S-1-1a-2S/P-1-1a-F

