

Junior Women's Championship Welcome Packet Content:

Dear 2018 US Junior Women's Singlehanded Championship Competitors,

It is with great pleasure that the 2018 USJWSC Organizing Committee and Stamford Yacht Club welcome you to Stamford and Long Island Sound. The Committee has been busy for many months planning this event, and we hope you will have a wonderful experience.

Below is some information important to the regatta, notably a survey all competitors must complete. The survey will collect details including travel plans and other important information.

COMPETITOR SURVEY

New for 2018: All competitors must fill out this informational Competitor Survey by July 5th. The form only takes a few minutes to fill out. The form will ask for your detailed travel information, so that the host can arrange for airport pickups, so be sure to have your booked flight numbers on hand (if applicable).

Competitor Survey: https://form.jotform.com/80876605346161

EVENT COMMUNICATIONS

<u>The US Sailing event page</u> is the event's official website and acts as the official notice board. Notices may also be posted to the Regatta Toolbox event page (where results will be posted once racing has commenced).

<u>SCHEDULE</u>

Tuesday, July 17	1400 - 1800	Registration for competitors
	1700	Dinner
Wednesday, July 18	0800 - 0900	Breakfast
	0900 - 1600	Clinic
	1700	Dinner
Thursday, July 19	0800 - 0900	Breakfast
	0900 - 1600	Clinic
	1700	Dinner
Friday, July 20	0800 - 0900	Breakfast
	1100	Warning signal for first race of the day;
		subsequent races to follow
	1700	Dinner
Saturday, July 21	0800 - 0900	Breakfast
	1100	Warning signal for first race of the day;
		subsequent races to follow
	1700	Dinner
Sunday, July 22	0900	Breakfast
	1100	Warning signal for first race of the day;
		subsequent races to follow
	1400	No Warning Signal after 1400
		Awards following racing

ARRIVAL AND DEPARTURE



All competitors are to arrive on July 17th and should plan to depart on the evening of the 22nd.

For those flying in: Competitors arriving by plane should fly into Westchester Airport (HPN). Transport will be provided from HPN to Stamford Yacht Club. It is imperative competitors fill out the Competitor Survey by July 5th so that travel arrangements can be made by the host. Competitors may fly into an alternative airport if they do not wish to fly into HPN, but must coordinate their own transportation to get to the venue. Please email the transportation chair, <u>susangardner@optonline.net</u> for assistance.

We will be tracking the competitors arrival closely. For last minute flight delays or changes, please contact our transportation chair, Susan Gardner at 203-722-6292.

The awards ceremony will conclude on the 22nd with enough time for competitors to make flights at 7pm or later. Requests for staying an additional night will only be granted in extenuating circumstances and must be officially requested to the Event Host.

US Sailing has negotiated a discount code from United Airlines for travel to the 2018 championships. The website to apply your discount is: https://www1.ussailing.org/User/Login.aspx?ReturnUrl=/constituents/MyCoupons.aspx .

If you are considered an "unaccompanied minor" by your airline, you must enter this in your travel details in the survey form. Appropriate arrangements must be made in advance with the airline, specifically contact/pick up information. The Transportation Chair will be in contact with you regarding these details once you have filled out the survey form. There may be an additional charge for the return flight as an unaccompanied minor. You must have enough cash or a credit card to pay this fee at check in for your return flight.

For competitors bringing their own boats: Please let us know if you will be bringing your own boat by contacting the registrar at <u>leitertrophy@stamfordyc.com</u>. Cartop transport is preferable, but we will have trailer storage, if necessary. Let us know as soon as possible if you will require trailer storage.

Also, if you will be parking a car for the week, we will need to make arrangements for that as well, so please let us know at leitertrophy@stamfordyc.com.

REGISTRATION

The onsite registration will take place on Tuesday, July 17th from 1400-1800. Early arrivals to the venue are not permitted.

HOUSING

All competitors will be assigned to a host family for the duration of the event. It is a nice gesture to bring them a small item as a thank you for hosting them. Competitors will not be informed of the name of their host until the onsite registration. No alternative housing will be permitted and no local competitor may stay at their own home unless she is hosting at least one other competitor.



The host family pickup time from Stamford Yacht Club on Tuesday July 17 is 1800. Transportation to the venue from the host family home during the event will be provided by the host. Be sure to exchange phone numbers with your host to coordinate pickups from the club each evening. Competitors are not permitted to drive themselves at any time during the event.

<u>CURFEW</u>

There will be a 10pm curfew during the event, meaning all competitors must have returned to their host family's home by this time each night. These regulations are in effect from registration day through the duration of the event.

CLINIC AND COACHING

There will be a mandatory two day clinic held July 18 and 19. The clinic is funded by a generous donation from the Clagett Trust. Top level US Sailing Certified coaches will be provided for all sailors for the clinic and the regatta. Be sure to bring a notebook and pen to take notes during the on land sessions of the clinic. No private coaches are permitted for this event.

<u>MEALS</u>

Meals for competitors will be provided throughout the regatta, starting with a light dinner on arrival day and ending with the Awards Ceremony dinner. A hot and cold breakfast will be served at the venue each morning. Lunch makings will be provided for sailors to make each morning to bring out on the water.

<u>WATER</u>

This event will be certified as a Bronze Level event through Sailors for the Sea. It is recommended that you bring your own water bottle from home. Water refill stations will be provided by the host.

EVENTS

Since Stamford Yacht Club is in such close proximity to New York City, we are planning a NYC-themed event one evening at the club. No specific attire is required, however, you may like to pack a black dress, skirt, leggings or pants or another article of clothing for a NYC evening. We hope to have a photo booth on site. Additionally, if you have an article of clothing or an accessory that you think helps to define who you are, please pack it.

BURGEE EXCHANGE

Exchanging burgees from your club with the host club has become a wonderful tradition at the US Junior Women's events. If you would like to participate in the burgee exchange, please bring a burgee from your home club. There will be a brief ceremony with an officer from the host club to make the exchange.

PARENTS AND GUESTS

Parents may come and watch the sailing, but remember that this regatta provides top-notch level coaching across the fleet and is designed to give the competitors the opportunity for self-reliance and to support and help their peers.



Per the deed of gift, no outside contact is permitted from the moment competitors arrive at the venue each morning until the chief judge dismisses competitors at the end of the day. Parents will not be permitted to talk to competitors or their friends, help rig or de-rig, pull boats out of the water - no contact at all. This rule encourages the sailors' independence and promotes bonding among the sailors. These conditions were laid down by C. Thomas Clagett, whose trust funds the coaching at the championship. We must ask competitors and parents to respect his wishes.

Parents and guests attending are responsible for their own housing and meals during the event. If parents or guests wish to attend the awards dinner, tickets may be purchased. If you would like to purchase tickets, please call the Stamford Yacht Club Front Desk at 203-323-3161 no later than July 17th. Reference the Leiter Trophy Awards Dinner. Tickets will be \$25 per person (parent or guest).

SPECTATOR BOAT

On Sunday, July 22nd, parents are invited to watch the last day of racing. There will be a spectator boat available and a cold lunch available for purchase. Spectators may bring their own lunch as well. Cold drinks will be provided. No alcohol please. We request that spectators sign up in advance, so that Stamford Yacht Club can accommodate as many spectators as possible. Please email <u>leitertrophy@stamfordyc.com</u> if you wish to sign up for the spectator boat. Also, please bring your own personal floatation device.

SAILING VENUE

Please come prepared to sail in all weather conditions. Long Island Sound weather can change very quickly. In July, the weather is typically very warm, relatively light air and often humid. That said, it can be cool and breezy, and storms run quickly through the Sound.

DRESS

Competitors must adhere to dress code policies of the home club. When entering Stamford Yacht Club - both the indoor clubhouse and outdoor dining on the deck-, hats must be removed and shoes and clothing is required (no bathing suits).

PACKING LIST

- 1. USCG approved PFD of the appropriate size for the sailor's weight
- 2. Appropriate sailing gear and clothing for a range of weather conditions.
- 3. A labeled water bottle appropriate to be secured to boat
- 4. Carvineer, bungee or other device to secure water bottle to boat
- 5. Sunscreen, sunglasses, hat
- 6. Tools and spare parts for personally owned boats
- 7. Notebook, pen, current rule book
- 8. Appropriate attire for the awards dinner dress, skirt or nice leggings/slacks
- 9. Attire for NYC evening black dress, skirt, leggings (optional)
- 10. Article of clothing or accessory that helps to define "you" (optional)
- 11. A small burgee from your club or sailing org for exchange with host club (optional)
- 12. A small thank you gift for host family



- 13. Personal entertainment items book, iphone (for after hours)
- 14. Sneakers
- 15. Swimwear and towel

EVENT CONTACTS:

Regatta Chair: Meg Dempsey, <u>megdempseyconsulting@gmail.com</u> Transportation Chair: Susan Gardner, susangardner@optonline.net USJRW Chair: Yolanda Cortes Mares, <u>ymares@earthlink.net</u> US Sailing: John Pearce & Meredith Carroll, <u>championships@ussailing.org</u>