

This form is provided to show you the skill sets you will be evaluated on by your instructor(s)

	Skills	Exceptional	Satisfactory	Unsatisfactory
	<b>PERSONAL &amp; INTERPERSONAL SKILLS</b>			
1.	Professional Conduct/Role Modeling			
2.	Attitude: open minded, positive, enthusiastic			
3.	Appearance: clothing, footwear, tidiness			
4.	Participation in Discussions			
5.	Collaboration Skills/Team Player			
6.	Confidence/Ease of Manner			
	<b>CLASSROOM PRESENTATION SKILLS</b>			
7.	Lesson Preparation			
8.	Content: appropriate, logical, accurate, clear			
9.	Voice: enunciation, clarity, volume, pace, pitch			
10.	Non-verbal Communication: gestures, body language			
11.	Visual Aids (includes whiteboard): appropriate, effective			
12.	Presentation: intro/conclusion, demonstration, use of notes, clarity			
13.	Multiple Pathways Techniques			
14.	Handling Questions			
15.	Learning Theory Presentation			
16.	Sailing Topic Presentation			
	<b>DOCKSIDE TEACHING SKILLS</b>			
17.	Class Positioning and Control			
18.	Demonstration			
19.	Clarity of Directions			
20.	Feedback and Handling Questions			
21.	Overall Presentation			

<b>ON-WATER TEACHING SKILLS</b>				
22.	On-Water Slow Motion/Real Time Demonstration Techniques			
23.	Communication: verbal; visual/audible signals			
24.	Evaluation and Feedback Techniques			
<b>SINGLEHANDED SAILING SKILLS</b>				
25.	Preparation and Rigging			
26.	Leaving and Returning to a Dock Under Sail			
27.	Leaving and Returning to a Dock Using an Outboard Motor (Optional)			
28.	Starting, Stopping and Speed Control			
29.	Heave-To Position			
30.	Getting Out of Irons on to a specified tack			
31.	Points of sail			
32.	Tacking			
33.	Jibing			
34.	Steering with Sails and Weight (Optional)			
35.	Sailing Upwind & Downwind:, weight position, steering			
36.	Sail trim			
37.	Sailing with Only One Sail: Main, Jib (Optional)			
38.	Reefing			
39.	Overboard Rescue/Quick stop and 1 other method			
40.	Awareness Outside the Boat			
41.	Securing Boat and Unrigging			

<b>PASS</b>	<b>NO UNSATISFACTORY RATINGS</b>
<b>FAIL</b>	<b>ANY UNSATISFACTORY RATING IN ITEMS 1 OR 2 <i>OR</i> 5 OR MORE UNSATISFACTORY RATINGS IN ITEMS 3 - 41</b>
<b>POI</b>	<b>4 OR FEWER UNSATISFACTORY RATINGS IN ITEMS 3 - 41</b>