US Sailing Symposium

November 18

Stamford Yacht Club

Facilitator: Matthew Hill [matthewhill@ussailing.org](mailto:matthewhill@ussailing.org)

Attendees ~39

1. Race Management/Officials
   1. US Sailing
      1. Certify PRO
      2. Judges
      3. Empires
      4. Classifiers
         1. Disability
         2. National Events
      5. Equipment Inspections
      6. Train/Best practices
      7. Measurers
         1. Mfg Specs
         2. Class Rep/Rule
         3. Retailers Cert
         4. Sail Loft Cert
      8. Off Shore US Sailing
   2. Race Committee requirements by organizers
      1. Woman Sailing (Cold Spring Harbor group) require RC duty
      2. Riverside – Frostbiting: 10-12 people each week, 2 days of RC duty per season
      3. Noroton – 1 day RC duty of members
      4. Joel Zackian – RC low key rabbit starts, no protests allowed, make fun, not perfect
      5. Mudheads – ask people to help, no requirements
      6. Stamford YC- Ray Redniss – RC teaching, make it fun, make it educational
      7. Breakwaters Irregular – get a crew member from each boat for RC duty during the season
      8. Kingston – a full boat is responsible for RC one day per season (gets credit for racing)
      9. Bernie Armstrong – bring a few crew from boats to do RC duty WITH regular RC
   3. Race Official Courses
      1. On line at US Sailing – see calander
         1. RC 101 (Power Point ) 90 mins
            1. Talk/info about RC
         2. RC 201 (new) – Training RC volunteers - on site 8-9 hours
   4. RSA – US Sailing Regional Sailing Assoc
      1. Area Coordinator
         1. Area B – Gino Bottino
      2. Safety:
         1. Do not carry kids in boats
            1. CT law requires training and cert to tow boats – big to Opti
         2. Discussion on jurisdiction of who is in charge when out side “city limits”….city or state or DEEP
         3. Prop Guards
            1. JSA LIS coming up with guidelines for installing Prop Guards
            2. Coming up requirements for JSA clubs and events
            3. No substitute for training good practices
            4. Scott Florio – American YC test

No one solution

Need to have correct “cage”, with Prop size and prop “blade” pitch

* + - * 1. Jet Propulsion

Fran Charles at MIT has first hand experience with using jet propulsion on MIT coach boats

Contact: [fcharles@mit.edu](mailto:fcharles@mit.edu)

* + - 1. Growie Insurance: Kellie Crete (?)
         1. Jr Safety Guide Checklist
         2. Hurricane Plan
         3. OSHA
         4. Medical
         5. Wiring
         6. Evacuation
         7. Emergency Plan

Have laminated card in each coach boat

Key info

* + - * 1. Practices

American YC – Safety and Rescue Team- 40 people receritified every 2 years

Coast guard Aux – come to club to train/certify

Power Squadron – come to train/certify

Noroton – Cruise Safety Course for members

Every regatta has safety Oficer on land w/radio

US sailing – make sure police and fire dept know/aware of regatta

Notify commercial traffic

Seawanaka – EMT on the water. EMT/City assets on station if around

* + - * 1. Youth Protection: Sexual Abuse

US Olympic Committee course

“Safe Sport” (website)

Recommended for all coaches – 1-2 hours

On line training

2 year renewal with training

* + - * 1. Yacht club/community center Coverage

Confirm you have Liability coverage for Flag Officers/Board members

What coverage do you have?

* + - 1. Zim
         1. High School Sailing the fastest growing segment of the market

Club 420

Feva

* + - 1. US Sailing organization (outward serving)
         1. Adult Sailing Chair: Betsy Allison
         2. Youth Sailing Chair: John Pearce
         3. Competitive Services: Matthew Hill

Race Committee

Rating System

* + - * 1. Olympic Competition (Olympic Development Team)
      1. Events planned by participants
         1. Women Sailing- Cold Spring Harbor

Going to St Petersburg in winter

40 women

6 days – 4 days of clinics and 2 days of races

Environmental awareness

Adventure sailing for women

* + - * 1. Noroton – WOW (Women On the Water)

Coordinate with local clubs

More racing in the western sound

More social in the eastern sound

Mailing list of over 300 women sailing

* + - * 1. Kingston – Jody Sterling

March 27 Women in Sailing course

Maintenance

Navigation

* + - * 1. Stamford – Brendan Larabee

Women Focus on Sailing

Lunch destination sail

Evening sails on

Sail with kids

* + - * 1. “Adjust program when you declining interest. Adjust quickly. Listen to the customer”
        2. Mix it up

Treasure hunt

Try to jump on a turning mark

Water balloon fights

Destination sail

Pirate Day

Navigation Vectors

Knots

Dodge Ball

Sponge throw

Relay races (end of week)

Different boats

Windsurfers

Kayaks

SUP

Coaches come with list of activities

Different plans

Be prepared to change plans during the day

* + - 1. Websites
         1. Teach sailing the fun way
         2. Sail or Bail
         3. Kitttyhawk20.squarespace.com
         4. US Sailing (as a resource)
         5. STEM (Greg) Salem Community Center

Science/simple machines

* + - * 1. REACH (Jessica) US Sailing

Wind turbines

Sea labs

Ocean stewardhip

Build skiff/pram/rowboat

Build a model boat

* + - * 1. Suggested to create “Womens Sailing” page
        2. Create forum/blog for open discussion
      1. Challenges
         1. More kids being trained but there is a bigger drop off of interest
         2. Zim- clubs are providing boats so kids never feel the strong connection to the sport
         3. Membership

Larchmont – Summer membership

Limit to 3 years

Need more “multigenerational” sailing

Stronger ties

Contribution

Connections to the past and future

Families sailing

Natural sailing progression

Single handed

Double handed

Multi handed

Big Boat

Millennial

Like to spend money on “experiences”

Do not like to large $ commitments

Time commitment – (short attention)

Like to have equipment provided