

Rule 42 booklet....

Print this out double sided, then cut the stack of pages horizontally in half (top half, bottom half).

Please place the top half on top of the bottom half,

FOLD in half vertically and staple the inseam.

You should now have a booklet with a cover page, and rule 42 interpretations text at the front, several pages for logging protests, and the last two pages a quick reference.

Check out <http://www.riteintherain.com/> for sources of waterproof laser jet paper to keep the booklet from going soggy on you.

US SAILING is looking into producing this booklet in a nice bound water resistant form.

- ▲ **PUMP 3**      1 *pump* may be prohibited
- ▲ **PUMP 5**      1 *flick* due to *body pumping* iffy.  
Body movement no *flick* maybe OK
- ▲ **PUMP 8**      Repeated unsuccessful attempts to plane or surf
- ▲ **TACK 1**      In light wind tack/gybe more than others iffy

- ⊘ **BASIC 4**      Single action, stroke of a paddle
- ⊘ **BASIC 6**      After tack, mvmt w/ stroke of paddle effect bad
- ⊘ **BASIC 7**      Boats slows after tack/gybe bad
- ⊘ **OOCH 2**      *Torquing* on flat water is bad
- ⊘ **PUMP 6**      *Repeated flicks* via *body pumping*
- ⊘ **ROCK 5**      1 body movement followed by *repeated* rolling.
- ⊘ **ROCK 7**      *Repeated* rolling not linked to waves
- ⊘ **SCULL 2**      Offset sculling bad
- ⊘ **SCULL 3**      Sculling to offset backed sail bad
- ⊘ **TACK 1**      Tacks/gybes >2 in succession bad

## RULE 42 PROTEST LOG BOOK

Based on ISAF Interpretations,  
January 2005



### Rule 42 Protest Log

Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

## QUICK SUMMARY

### INTERPRETATIONS OF TERMS USED

A term used as stated below is shown in italic type. Other terms that are specific to rule 42 are defined in the rule.

**Background rolling** is the minimum degree of rolling caused by the waves.

**Body pumping** is the movement of a sail caused by in and out or up and down body movement.

A **flick** is the effect caused by body movement or pulling in or releasing a sail that is so abrupt that the normal shape of the sail is changed and almost immediately returned to the original shape.

A **pump** is a single pull on a sail that is unrelated to wind or waves.

**Repeated** means more than once in the same area on a Leg/Loc.

A **roll** is a single-cycle athwartship movement of the boat during which the mast goes to leeward and back to windward, or vice versa.

**Torquing** is *repeated* fore and aft or rotating movement of the body.

**Yellow light area** is a phrase used when it is not clear that an action is prohibited. It is unlikely that a boat in the *yellow light area* would be protested, but it is possible. If the action is *repeated*, the likelihood of a protest will rapidly increase.

- OOCH 1
- PUMP 2
- PUMP 4
- PUMP 7
- PUMP 9
- ROCK 1
- ROCK 2
- ROCK 3
- ROCK 4
- ROCK 6
- ROCK 8
- ROCK 9
- PUMP 10
- SCULL 1

*Torquing w/waves & no sail pump* ok

Repeated trim for wind OK

A *flick* from the stopping of sheet OK

1 pump in marginal conditions OK

Each sail may be pulled separately

Gust/lull w/ corrective body/trim ok

1 *roll* w/out stroke of a paddle ok

*Background rolling* is permitted.

Non-repeating unstable settings ok

Heeling facilitate steering ok

Body mvmt to tack/gybe same speed ok

Mast past vertical end tack/gybe ok

Conditions for that boat, pull ok

Above close-hauled and turning ok

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Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
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			DNE		Hrng
Cmts					

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Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
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Cmts					

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Judges		Protest	None		DSQ
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Class		Time			
Boat		Race			
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Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

### BASIC RULE – 42.1

#### 42.1 Basic Rule

Except when permitted in rule 42.3 or 45, a boat shall compete by using only the wind and water to increase, maintain or decrease her speed. Her crew may adjust the trim of sails and hull, and perform other acts of seamanship, but shall not otherwise move their bodies to propel the boat.

**▲ BASIC 1** An action that is not listed in rule 42.2 may be prohibited under rule 42.1.

**⊘ BASIC 2** A kinetic technique not listed in rule 42.2 that propels the boat, and is not one of the permitted actions covered in rule 42.1, is prohibited.

**⊘ BASIC 3** An action prohibited in rule 42.2 cannot be considered as permitted under rule 42.1.

**⊘ BASIC 4** Except when permitted under rule 42.3, any single action of the body that propels the boat (in any direction) with the effect of one stroke of a paddle is prohibited.

#### 42.2 Prohibited Actions

Without limiting the application of rule 42.1, these actions are prohibited:

**⊘ BASIC 5** An action listed in rule 42.2 is always prohibited, even if it fails to propel the boat.

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Rule		Leg/Loc			
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Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

### 42.3 Exceptions

(c) Except on a beat to windward, when surfing (rapidly accelerating down the leeward side of a wave) or planing is possible, the boat's crew may pull the sheet and the guy controlling any sail in order to initiate surfing or planing, but only once for each wave or gust of wind.

**PUMP 7** A pull of the sheet and guy made to attempt to surf or plane when surfing or planing conditions are marginal is permitted even if the attempt is not successful.

**PUMP 8** If a boat repeats an unsuccessful attempt to plane or surf, she is in the *yellow light area*.

**PUMP 9** Each sail may be pulled at a different time, but only as permitted by rule 42.3(c).

**PUMP 10** It is only necessary for surfing or planing conditions to exist at the position of a boat for her to be permitted to make one pull of the sheet or guy.

- PUMP 11** Surfing or planing may be possible for some boats but not for others. This can be caused, for example, by local gusts or by waves from a motorboat. Also, lighter crews may be able surf or plane when heavier crews cannot.

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Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

### PUMPING – 42.2(a)

**42.2 Prohibited Actions** - Without limiting the application of rule 42.1, these actions are prohibited:  
 (a) pumping: repeated fanning of any sail either by pulling in and releasing the sail or by vertical or athwartships body movement;

● **PUMP 1** Fanning is moving a sail in and out not in response to wind shifts, gusts or waves.

○ **PUMP 2** Pulling in and releasing a sail in response to wind shifts, gusts or waves is permitted, even if *repeated* (see rule 42.1).

▲ **PUMP 3** Except when permitted under rule 42.3(c), one *pump* may be prohibited under rule 42.1.

○ **PUMP 4** A *flick* of a sail resulting from the sudden stopping of an eased sheet is permitted.

▲ **PUMP 5** One *flick* of a sail due to *body pumping*, or a *pump* not permitted by rule 42.3(c), is in the *yellow light area*. Body movement that does not result in a *flick* of a sail does not break rule 42.2(a), but may break other parts of rule 42.

⊘ **PUMP 6** *Repeated flicks* of a sail due to *body pumping* are prohibited.

### Rule 42 Protest Log

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Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
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Cmts					

## ROCKING – 42.2(b)

**42.2 Prohibited Actions** Without limiting the application of rule 42.1, these actions are prohibited:  
 (b) rocking: repeated rolling of the boat, induced by (1) body movement, (2) repeated adjustment of the sails or centreboard, or (3) steering;

**ROCK 1** A roll of the boat caused by a gust or a lull followed by corrective body movement to restore proper trim is permitted by rule 42.1.

**ROCK 2** One roll that does not have the effect of a stroke of a paddle is permitted.

**ROCK 3** Background rolling is permitted. A boat is not required to stop this type of rolling.

**ROCK 4** Adopting any static crew position or any static setting of the sails or centreboard, even when stability is reduced, is permitted by rule 42.1 and is not prohibited by rule 42.2(b).

**ROCK 5** A single body movement that is immediately followed by repeated rolling of the boat is prohibited.

### 42.3 Exceptions

(a) A boat may be rolled to facilitate steering.

**ROCK 6** Heeling to windward to facilitate bearing away and heeling to leeward to facilitate heading up are permitted.

## Rule 42 Protest Log

Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

## Rule 42 Protest Log

Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
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Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
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Cmts					

Class		Time			
Boat		Race			
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Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

**ROCK 7** Repeated rolling not linked to wave patterns is rocking prohibited by rule 42.2(b), even if the boat changes course with each *roll*.

(b) A boat's crew may move their bodies to exaggerate the rolling that facilitates steering the boat through a tack or a gybe, provided that, just after the tack or gybe is completed, the boat's speed is not greater than it would have been in the absence of the tack or gybe.

**ROCK 8** Body movements that exaggerate rolling and cause a boat to sail out of a tack or a gybe at the same speed as she had just before the manoeuvre are permitted.

**ROCK 9** It is permitted to move the mast to windward of vertical at the completion of a tack or a gybe.

**BASIC 6** After a tack when a boat is on her new close-hauled course, movement propelling the boat like a stroke of a paddle is prohibited under rule 42.1.

**BASIC 7** When the speed of a boat clearly drops after she accelerates out of a tack or a gybe, and there is no obvious change of wind speed or direction, the exception in rule 42.3(b) does not apply and the boat breaks rule 42.1

### Rule 42 Protest Log

Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
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Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
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Cmts					

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Boat		Race			
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Judges		Protest	None		DSQ
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Cmts					

Class		Time			
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Judges		Protest	None		DSQ
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Cmts					



## OOCHING – 42.2 (c)

**42.2 Prohibited Actions** - Without limiting the application of rule 42.1, these actions are prohibited:

(c) ooching: sudden forward body movement, stopped abruptly;

**OOCH 1** *Torquing* to change the fore and aft trim of the boat in phase with the waves is permitted, provided it does not result in pumping the sails.

**OOCH 2** *Torquing* on flat water is prohibited.

## Rule 42 Protest Log

Event: \_\_\_\_\_, Date: \_\_\_\_\_

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
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Cmts					

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Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
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Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
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			DNE		Hrng
Cmts					

### SCULLING - 42.2(d)

**42.2 Prohibited Actions** - Without limiting the application of rule 42.1, these actions are prohibited:  
 (d) sculling: repeated movement of the helm that is either forceful or that propels the boat forward or prevents her from moving astern;

### 42.3 Exceptions

(d) When a boat is above a close-hauled course and either stationary or moving slowly, she may scull to turn to a close-hauled course.

**SCULL 1** Provided the boat's course is above close-hauled and she clearly changes direction towards a close-hauled course, *repeated* forceful movements of the helm are permitted, even if the boat gains speed. She may turn to a close-hauled course on either tack.

**SCULL 2** After a boat has sculled in one direction, further connected sculling to offset the first sculling action is prohibited.

**SCULL 3** Sculling to offset steering of the boat caused by backing a sail is prohibited.

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Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
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Cmts					

## TACKING/GYBING – 42.2(e)

**42.2 Prohibited Actions** - Without limiting the application of rule 42.1, these actions are prohibited:

(e) repeated tacks or gybes unrelated to changes in the wind or to tactical considerations.

**▲ TACK 1** In a steady wind and in the absence of tactical considerations, a boat that tacks or gybes more than twice in quick succession breaks rule 42.2(e). In light wind a boat is in the *yellow light area* if she tacks or gybes noticeably more frequently than nearby boats.

### OTHER

#### 42.3 Exceptions

(e) A boat may reduce speed by repeatedly moving her helm.

(f) Any means of propulsion may be used to help a person or another vessel in danger.

(g) To get clear after grounding or colliding with another boat or object, a boat may use force applied by the crew of either boat and any equipment other than a propulsion engine.

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Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

Class		Time			
Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					

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Boat		Race			
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Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
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Cmts					

Class		Time			
Boat		Race			
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Cmts					

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Boat		Race			
Rule		Leg/Loc			
Interp		Resp.	2Turns	Ret	Other
Judges		Protest	None		DSQ
			DNE		Hrng
Cmts					