

J-24 Boathandling  
Dave Perry

## PREPARATION

Spinnaker halyard around shroud

Tack around shroud base

Retie main halyards each boat

If using lifelines: Twings  
- inside lifelines in medium to heavy air  
- outside in light air

## UPWIND

Bow down into each potential leebow by opponent

Work on late ducks! – tiller work / mainsheet transfer???

## TACKS

Tacks – step over tiller, to maximize roll

## SETS

Hatch open – whichever hatch

First set out of forward hatch???

Minimum jib sheet ease – bit more if immediate jibe

Pole up on last port tack or on starboard into mark (Chris brings it up on last port tack)

Tackset – middle crew rolls boat, then stays on leeward side and helps chute out and grabs spinnaker sheet. Jib trimmer is pulling guy back.

Bear away set – middle crew pulls guy back. Jib trimmer helps chute out.

Or if middle is to leeward like in lighter air, middle does sheet as well.

Gybe-set – pre-cheat clew around as much as possible

## GYBES

BIG ROLLS – twing guy downwind

In fake gybes, or double gybes, trimmer ready to step into middle to give best view of opponent to windward

Work on downwind laylines...

## J-24 SPEED

Heel – upwind – little heel to give boat feel and get it rolling; then flatten

Weight forward! And low in light air (dogs in hatch)

5-7 flat water – keep jib full – slight scallops

Bow down – keep boat trucking

Keep jib slightly more eased than you think – even leech to spreader tip coming out of tack...

Mainsheet – two marks (one for max trim – one for speed build out of tacks)

Top telltale cave ~60%

Outhaul – normal

Backstay – slack