

The Officers, Directors and Members of

US SAILING

are pleased to present the

ARTHUR B. HANSON RESCUE MEDAL

to

SAM SEPTEMBRE, KERRY LYNAUGH,

DR. SAM MURRAY & KELLEY JEFFRIES

FOR THE RESCUE AS FOLLOWS:

On March 14, 1998 Thomas Allen, Sr. with crew Sam Septembre and Kerry Lynaugh were in contention for fourth place on the final leg in the first race of the Deep South Lightning Regatta at Savannah Yacht Club when Tom slumped over, stopped breathing and stopped moving without warning. Tom had suffered a heart attack.

Sam and Kerry waived to get the attention of the safety boat. They caught the attention of Chief Safety Officer Kelley Jeffries with Dr. Sam Murray aboard. Then Sam Septembre started CPR. Dr. Murray, an orthopedic surgeon called Memorial Medical Center on a cell phone, then called 911 and had them send an ambulance to the dock. Kelley then placed Dr. Murray aboard the Lightning and gave Kerry directions to sail to the Savannah Yacht Club dock some 200 yards away. Kelley made additional radio calls to the Savannah Yacht Club summoning another doctor off the tennis courts to meet the Lightning at the dock. Dr. Murray took over chest compressions, while Sam provided ventilation. Kerry kept the Lightning going, heading for the dock as quick as possible.

At the dock the team was joined by two physicians, Dr. Charles Usher, and Dr. David Carson. Sam and Dr. Murray turned over the CPR to the two new doctors after performing the very physical activity of CPR for 15 to 20 minutes. When the EMT's arrived, they were able to intubate Tom and placed him into the ambulance right away. Dr. Murray took over the chest compressions on the way to the hospital again, with Dr. Carson alongside.

At the hospital, Tom was cardioverted (with the electric paddles) and was stabilized. Later in the week, Tom underwent by-pass surgery and is doing well.

The team work that accomplished this incredible rescue came with preparedness starting with the Savannah Olympics. That legacy continues today. Like a chain, each link in the chain has to work and it did. Tom's crew, Sam Septembre had just completed CPR training. Tom had CPR administered in less than one minute after the heart attack which is crucial in recovery. Kelley Jeffries, a volunteer from the Olympics provided the communications to organize and coordinate the on-shore rescuers. The doctors that all chipped in provided the experience to keep the CPR going smoothly.

US SAILING is pleased to present the Arthur B. Hanson Rescue Medal to Sam Septiembre, Kerry Lynaugh, Dr. Sam Murray and Kelley Jeffries for their effective and timely rescue action which certainly saved Mr. Allen's life.

John B. Bonds
Chairman, Safety at Sea Committee
By Direction

**The Arthur B. Hanson Rescue Award was awarded to Sam Septiembre,
Kerry Lynaugh, Dr. Sam Murray and Kelley Jeffries**