

The Officers, Directors and Members of  
US SAILING  
are pleased to present the  
ARTHUR B. HANSON RESCUE MEDAL  
to  
Shelley James  
for the rescue as follows:

On January 25, 2009, during a race in 15-25 knot winds, skipper Joe Cochran of the Cal 20 keelboat Ol' Blue fell overboard. Cochran was in the early stages of ALS and not wearing a life jacket. Crew members on board Ol' Blue promptly took action. Robert McDonald took the helm and turned back toward Cochran. Meanwhile, Jim Silcox jumped in and kept Cochran's head above water.

Two other Cal 20s and an International 14 dinghy dropped out of their races to assist with the rescue. The International 14 capsized in the process (crew was unharmed); however, skipper Shelley James had previously alerted a Kaneohe Bay Yacht Club powerboat. Two sailors boarded the powerboat from the Cal 20s and helped pull Cochran and Silcox on board. Silcox and Fuzz Foster attended to Cochran until the boat reached shore. Honolulu Fire Department medics administered oxygen and took Cochran to a local hospital, where he remained for three days.



The US SAILING Safety-at-Sea Committee has awarded Arthur B. Hanson Rescue Medals to Shelley James, for the rescue on Hawaii's Kaneohe Bay.

Dr. Gino Bottino, MD  
Chairman, Safety at Sea Committee  
By Direction