



**APPENDIX  
CATEGORY 6 SPECIAL REGULATIONS  
for inshore races**

That Category 6 is defined as:-

Category 6 Special Regulations are intended for use in races where:-

- participating boats may not be self-sufficient
- the races are short in duration and close to a single manned shore base, in relatively warm and protected waters, in daylight and good visibility
- participating boats can be observed by race organisers at all times
- safety/rescue boats are available all along the course sufficient to enable any competitor to be returned to the shore base in a timely manner
- safety/rescue boats are of a suitable design and properly equipped and are manned by adequately trained and competent personnel including, for each race, at least one skilled in first aid

That the Requirements for Category 6 are:-

Unless otherwise prescribed in Notice of Race and/or Sailing Instructions, where class rules include items of safety such rules shall override the corresponding part of these Regulations.

All equipment required by Special Regulations Category 6 shall:-

- function properly
- be regularly checked, cleaned and serviced
- when not in use be stowed in conditions in which deterioration is minimised
- be readily accessible
- be of a type, size and capacity suitable and adequate for the intended use and size of the boat.

All boats sailing in Category 6 shall be fitted with:-

- A strong point for the attachment of a tow and/or anchor line.

All boats sailing in category 6 shall carry:-

- A personal flotation device (PFD) for each person aboard to ISO 12402-5 -Level 50 or equivalent
- A knife

- If the hull is not self-draining or is able to carry more than 150 litres of free water, a bucket or bailer of not less than 1 litre capacity
- If a trapeze harness is carried it shall be to ISO DIS 10862
- A paddle or means of propelling the boat when not under sail