

Part B Outline Timetable (2 pages)

ISAF Offshore Special Regulations Appendix G Model Training Course Part B Day 1

Session	SR	Topic	theory*	practical	start	stop
1		Introduction	00:30		11:00	11:30
		6.02.0 Training topics for theoretical sessions				
2	6.02.1	care and maintenance of safety equipment	00:15		11:30	11:45
3	6.02.2	storm sails	00:20		11:45	12:05
4	6.02.3	damage control and repair	00:20		12:05	12:25
5	6.02.4	"heavy weather – crew routines, boat handling, drogues"	00:25		12:25	13:00
		break	01:00		13:00	14:00
6	6.02.5	man overboard prevention and recovery	00:30		14:00	14:30
7	6.02.6	giving assistance to other craft	00:15		14:30	14:45
8	6.02.7	hypothermia	00:20		14:45	15:05
		break	00:15		15:05	15:20
9	6.02.8	SAR organisation and methods	00:30		15:20	15:40
10	6.02.9	weather forecasting.	00:30		15:40	16:10
		6.03.0 Training topics to include practical, hand-on sessions				
11	6.03.1	liferafts and lifejackets (theory)	00:30		16:10	16:40
12		exam	00:20		16:40	17:00
		Day 1 total tuition including breaks	06:00			
		Day 1 net tuition		04:45		
		Day 1 net breaks		01:15		
			*includes breaks			

ISAF Offshore Special Regulations Appendix G Model Training Course Part B Day 2

Session	SR	Topic	theory*	practical	start	stop
13		liferafts and lifejackets (practical)		02:00	09:00	11:00
		break	00:15		11:00	11:15
14	6.03.2	fire precautions and fire fighting (theory)	00:15		11:15	11:30
15	6.03.2	fire precautions and fire fighting (practical)		00:30	11:30	12:00
16	6.03.3	communications equipment "(VHF, GMDSS, satcomms. etc- theory)"	00:20		12:00	12:20
17	6.03.3	communications equipment "(VHF, GMDSS, satcomms. etc- practice)"		00:25	12:20	12:45
		break	00:45		12:45	13:30
18	6.03.4	pyrotechnics and EPIRBs (theory)	00:20		13:30	13:50
19	6.03.4	pyrotechnics and EPIRBs (practical)		00:30	13:50	14:20
20		exam	00:20		14:20	14:40
		Day 2 total tuition including breaks	02:05	03:25		
		Day 2 net tuition		01:05		
		Day 2 net breaks		01:00		
		net total tuition including breaks	08:05	03:25		
		net tuition		05:50		
		net breaks		02:15		